



OFFICIAL SOUTHEND UNITED PROGRAMME | £3

# Blues



**V LUTON TOWN**  
25.4.2015 | KO 3PM  
SKY BET LEAGUE TWO



OFFICIAL KIT SPONSOR



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**RENDEZVOUS**

LEAD THE TEAM OUT:  
**RICHARD SMITH**





MARCH FAN OF THE MONTH

JOE McCREA

Exeter City fan Joe McCrea has been named the Sky Bet League 2 Fan of the Month for March.

Joe had not missed an Exeter game all season, and he did not intend missing the 700-mile round trip to Carlisle at the start of March.

But a missed alarm at 6am meant the supporters' coach he regularly uses for away games went without him.

Despite this set-back, Joe got a taxi to Exeter train station for 7.30am and paid £130 for a one-way ticket to Carlisle - a huge amount for a student - to ensure he was there to see the 3-1 victory.

Joe said: "I was gutted I had missed the coach and thought I was going to miss my first game of the season. I had to find a way of getting there.

"It feels awesome to have won the Sky Bet Fan of the Month award."

Exeter manager Paul Tisdale said: "I'm really pleased that Joe went beyond the call of duty and made it up to Carlisle, despite missing the supporters' coach, to keep up his perfect attendance record for the season."

Sky Bet Fan of the Month will be returning for the 2015/16 season. To Nominate a Mate next season visit - www.skybet.com/fan



Joe's scorecast prediction:

HARTLEPOOL UTD ..... 2
EXETER CITY ..... 2

WITH RYAN HARLEY TO SCORE FIRST - 160/1\*

\*subject to change



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club directory

SOUTHEND UNITED FOOTBALL CLUB
Roots Hall Stadium, Victoria Avenue
Southend-on-Sea, Essex SS2 6NQ
Telephone: 01702 30 40 50
Website: www.southendunited.co.uk
Ticket Box Office: 08444 770077
Superstore: 01702 351117
Commercial & Marketing: 01702 304149
Press Office: 01702 304119
Chairman: Ronald Martin
Chief Executive: Steve Kavanagh
Directors: Gary Lockett, Michael Markscheffel, Frank Van Wezel, Geoffrey King
Manager: Phil Brown
Assistant Manager: Dave Penney
First Team Coach: Graham Coughlan
Head of Recruitment: Bob Shaw
Head Physio: Ben Clarkson
Goalkeeping Coach: Terry Mason
Strength & Conditioning Coach: Mark Williams
Video Analyst: Ben Cirne
Hedg of Sports Medicine: Dr Anthony Annan
Academy Manager: Ricky Duncan
Head of Academy Coaching: David Johnson
Club & Company Secretary: Helen Norbury
Head of Finance: Patrick van der Waag
Commercial Manager: Sue Page
Media Manager: Warren Lucy
Stadium Manager: David Jobson
Community Trust CEO: Dale Spiby
Kit Manager: Ian Petley

club honours

League One Champions: 2005/6
Division Three (League One) Runners-Up: 1990/1
Division Four (League Two) Champions: 1980/1
Division Four Runners-Up: 1971/2, 1977/8
Promoted from Division Four (3rd): 1989/90
League Two Play-Off Winners: 2004/5
Southern League Division Two Champions: 1906/7, 1907/8
Football League Trophy Runners-up: 2003/4, 2004/5, 2012/3
FA Cup Best: Fifth Round 1920/1 (old third round), 1925/6, 1951/2, 1975/6, 1992/3
Football League Cup Best: Quarter-Final 2006/7
Essex Professional Cup Winners: 1949/50, 1952/3, 1953/4, 1954/5 (shared), 1956/7, 1961/2, 1965/6, 1966/7, 1971/2, 1972/3
Essex Senior Cup Winners: 1982/3, 1990/1, 1996/7, 2007/8

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inside Blues

issue #26

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Captain's Notes
John White reflects on the recent good form and his injury



Phil Brown's Marathon
Can you help the boss raise money ahead of his big run tomorrow?!



Ben Smith
We speak to the former Southend player about his book, 'Journeyman'



Youth Notes
Part two of our exclusive chat with Youth Team boss Ricky Duncan



Blue To Remember
This man is much travelled, having played for the Blues, his native America and in Germany!

Big Interview
Blues legend Adam Barrett says the 'feel good' times are back at Roots Hall...



the BIG interview

Adam Barrett

It's been a big day in the south coast town of Southend-on-Sea as Blues legend Adam Barrett is set to make his second appearance with the Blues in a game against Northfleet United at Roots Hall on Sunday evening.
Barrett, who has been a Blues fan since he was a child, was selected for the match in January of this year after spending time with Wolves and Reading.
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# Phil BROWN



**I**t is with great pleasure and anticipation that I am writing what will hopefully be my last programme notes this season, and in order for that to be the case, we all know what needs to happen, firstly here at Roots Hall and secondly at other venues around the country.

Welcome John Still and his team from Luton Town today and have a safe trip back later this evening.

Tuesday night was - after the postponement of the first Bury game, and subsequently the form of both ourselves and Bury - going to be a pivotal moment in the season for a number of reasons, but more importantly and amazingly, it's funny how these things tend to happen in football. It was

a real opportunity for us to get back four players in Luke Prosser, Myles Weston, Kevan Hurst and David Worrall.

The latter of these obviously played a major part in the win at Gigg Lane and following a brief discussion with Dave, he allowed me to break silence about the terrible situation he and his girlfriend found themselves in a few weeks ago, and to have lived through that trauma really showed immense character and maturity to go public with their problems, but realised that they are a part of a big family here at Southend United who fully supported them through their ordeal. Let's hope the future holds happiness for them in memory of Noah.

Our efforts so far this season have narrowed it down to two games, but with a tremendous show of spirit and



determination, having been beaten at Burton Albion all those games ago, we've applied our togetherness to the cause to bring us to today.

A full house at Roots Hall beckons and with the amazing support we received at such outposts as Exeter and Bury, we won't go far wrong in anything we attempt to do today.

Your non stop singing, chanting and banging of the drums eventually silenced an 8,000+ crowd at Gigg Lane (along with a Wozza special) - not an easy thing to do -, and with 2000+ travelling Luton fans, it makes for what the game is all about.

Let's out sing, let's shout and let's play them in what proposes to be the best game of the season.

Yours in sport,





# John WHITE



**G**ood afternoon and welcome to Roots Hall for what will hopefully be the final home game of this season.

We welcome our opponents Luton Town and wish them a safe trip home later this evening.

Wow! What a run we've been on recently. I've missed the last couple of games at Exeter City and Bury through injury and full credit to the lads for two tremendous victories!

Full credit to you guys as well. You've been unbelievable on the road all season, and the backing you have us at Exeter – and Bury in particular – was superb.

On behalf of the lads I'd like to thank you for making the long journey to Gigg Lane on Tuesday night. I expect the majority of you didn't get back until the early hours of the morning. Some of you probably woke up bleary eyed, but we hope it was worth it with the fantastic win.

It proved to be a bit of magic from



David Worrall that won us the game at Bury – against his old club. He's got that in his locker, and nobody deserves it more than him, considering what he's been through recently.

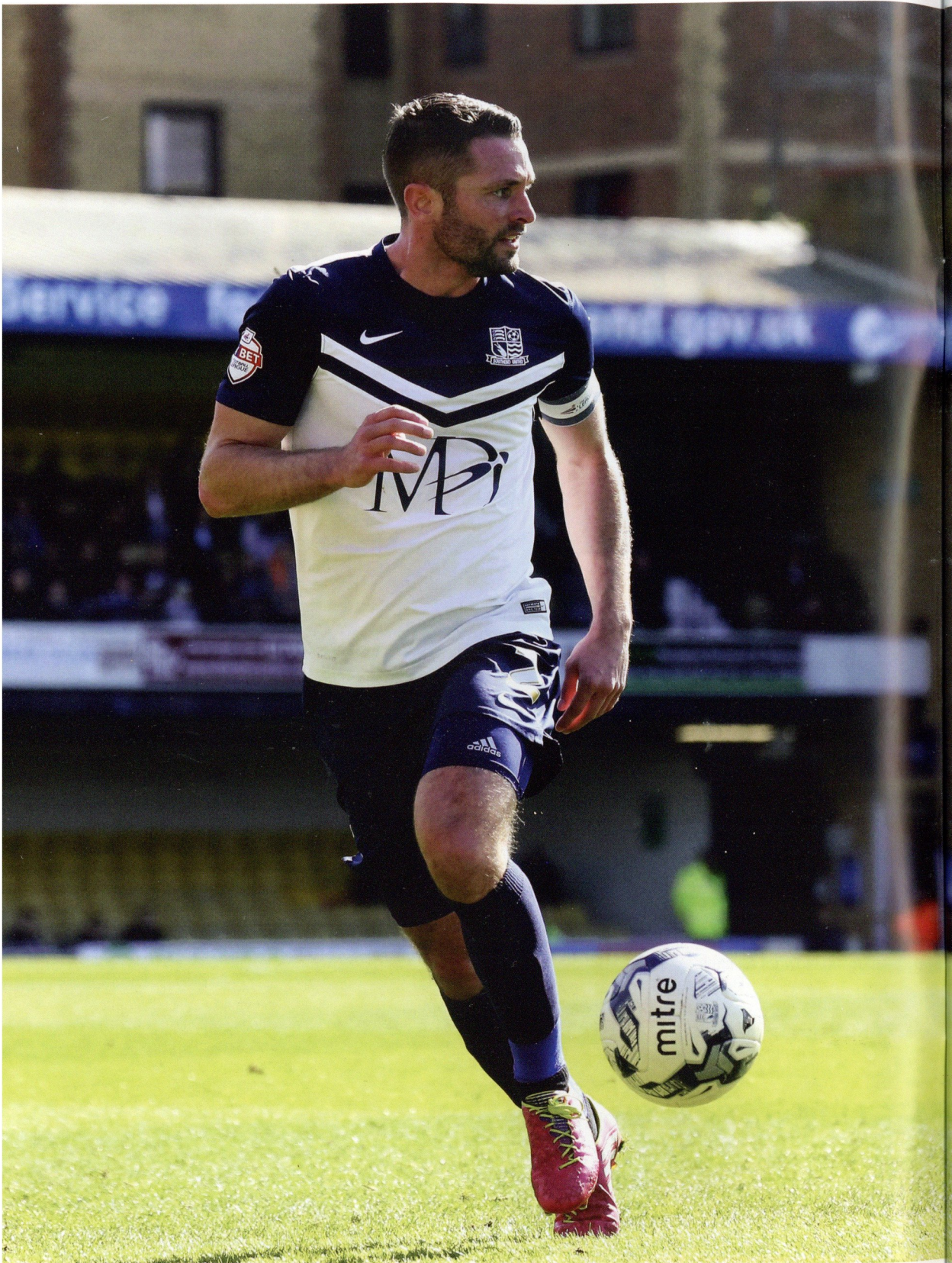
The job's not done yet though. We still have two massive games on the way, starting against Luton today. We know how tough it will be against them. They've been in and around the play-off places all season and have done really well.

I hope to be back in the team for today's game, but I know it will be difficult to wrestle that right back spot away from Lenny, who has done an excellent job in my absence, and has now finally got that dodgy barnet cut! It's been a great season so far, but we want to make it a memorable one and hopefully sign off the final home game today in style!

Thanks for your support this campaign, and let's hear you today and get Roots Hall rocking!

Come on you Blues!

**JW**





## CEO STEVE KAVANAGH TO CYCLE FROM LONDON TO AMSTERDAM FOR PROSTATE CANCER UK

Southend United Chief Executive Steve Kavanagh is cycling from London to Amsterdam, all in the name of Prostate Cancer UK.

The Blues chief said: "It's a charity very close to my heart for personal reasons and I'll be riding for a great cause

"It's fantastic that over 250 people from 50 clubs will be riding, so hopefully plenty of money will be raised."

Mr Kavanagh will be having a photo on the pitch prior to today's game, with the other riders from the Club – Roy Fleming, Gavin Markscheffel, Jarek Mankus and Keith Walker.

To donate to the CEO's page, visit this link: <https://www.justgiving.com/stephen-kavanagh2/>



## TRAVEL ZONE 2015 TROPHY AWARDED TO TERRY MASON

Our keepers achieved their mission in being assigned to secretly entice their goalkeeping coach up to The Blues Lounge, appropriately on the day Daniel Bentley equalled Mervyn Cawston's home clean sheet record.

Travel Zone supporters were waiting there to witness the presentation of their annual trophy, which is awarded to loyal servants of Southend United.

This season Goalkeeper coach Terry Mason was the recipient, in recognition of his part (with the assistance of Paul Smith) in producing our two keepers for the future and present.

A shocked but delighted Terry had no idea this was in store for him.

### AFTER TODAY'S GAME...

Please do not encroach onto the pitch after today's game against Luton Town.

Once the game is over, the players will go back to the changing room before returning out onto the Roots Hall pitch for a lap of honour.

### PLAY-OFF DATES CONFIRMED

The Football League have confirmed the dates below for the play-off ties this season:

#### First Leg:

7th vs. 4th: Saturday 9th May, 7.45pm

6th vs. 5th: Sunday 10th May, 6.35pm

#### Second Leg:

Both matches: Thursday 14th May, 7.45pm

#### Final:

Saturday 23rd May, 5.30pm

Elsewhere, the 2015-16 fixtures will be released on June 17th.

### TICKETS FOR THE TRIP TO MORECAMBE

Ticket details for the trip to Morecambe on Saturday 2nd April are below:

Seating: Adults £21; Concession £17 (over 65 and students with valid ID); Junior £6 (5-18 years old)

Terrace: Adults £17; Concessions £14; Junior £5

Under 14's can enter for free with a full paying adult or concession

Disabled fans are charged at the concession rate and a carer is free

Tickets are available on the day at the same price.



# PHIL NEEDS YOUR HELP

Southend United manager Phil Brown is running the London Marathon tomorrow, and needs your support!

For the boss, it will be the first time he has undertaken the 26.2-mile challenge, and is running in aid of the Amy May Trust and Sparks children's charity.

"I'll be attempting to raise money and awareness for both charities," the boss said.

"I'm doing 60-70km a week and looking forward to running my first Marathon. I'll be going all guns blazing, hopefully it'll be a great day and we can raise as much money as possible for the two charities."

So, with the big day almost here, what's going through the boss' mind ahead of the gruelling challenge in the heart of London?

"I'm very apprehensive," he says.

"I've been fit all my life but I'm 55 and I've only done a half-marathon. I did the Great North Run about ten years ago which was tough.

"I've pounded along Southend seafront many a time in training for the Marathon. It gives me time to think about tactics, formations, players and games.

"More importantly, it's the two charities that I'll think about."

The Amy May Trust aims to help 27-year-old Amy, whose life was catastrophically changed one year ago this week, when, through no fault of her own a tragic situation occurred in Budapest. Severely allergic to nuts all her life Amy managed her condition with confidence, never being without her lifesaving EpiPens, an adrenaline filled syringe, and medications with her wherever she was. Amy experienced a catastrophic anaphylaxis reaction after a single bite of food. The intensity of the reaction was so severe that Amy went into a cardiac arrest. After paramedics fought earnestly to save Amy's life in the road outside of the restaurant she was taken to hospital in Budapest and immediately put into an induced coma.

She had sustained a severe brain injury due to lack of oxygen and her



life was being maintained by a life support machine.

After three weeks in ICU in Hungary, facing daily life threatening battles, including having a brain probe inserted, pneumonia, and being placed in three increasing depths of coma, Amy was taken by air ambulance to St. Thomas' Hospital in London where she has spent the majority of the past year.

She has recently been transferred to a Neurological hospital in London, where she will receive specialist rehabilitation.

For more details on the Amy May Trust, visit this link: <http://amymaytrust.com/>

Sparks children's charity raises money to fund pioneering children's medical research. One in 30 children in the UK is born every day with a condition that may affect them for life.

Sparks supports clinicians and scientists who have the skills, innovation and passion to improve children's lives forever. Since 1991, we have funded more than 275

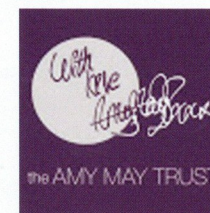
ground-breaking research projects in over 80 hospitals, universities and research institutions across the UK and overseas.

Phil added: "The 26.2 miles is gruelling, but I'll be thinking about the two charities and that will drive me on."

To find out more, please visit the following pages:

[www.amymaytrust.com](http://www.amymaytrust.com)

[www.sparks.org.uk](http://www.sparks.org.uk)







# Luton Town



**LUTON TOWN FOOTBALL Club** was founded in April 1885 after a merger between two exist-ing clubs, Luton Town Wanderers and Excelsior.

After twenty years away from the Football League, Luton Town returned in 1920.

The Hatters would remain in the Third Division until 1937, winning the division and earning promotion to the Second Division. During the 1936-37 season, striker Joe Payne netted 55 times in 39 games, with 10 goals in one match against Bristol Rovers - which to this day is a Football League record.

Luton Town reached the top flight of English football for the first time in 1955 after fin-ishing second to Birmingham City in the Second Division.

1959 saw the Hatters visit Wembley Stadium to take on Nottingham Forest for the FA Cup Final, with Dave Pacey scoring what proved to be only a consolation goal in a 2-1 defeat played out in front of over 100,000 spectators.

However, the club were relegated in 1960 and plummeted to the depths of the Fourth Division as soon as 1965.

Within nine years the club were back in the top flight, with comedian Eric Morecambe one notable name on the club's board of directors.

Relegation followed in the 1974-75 season, with Luton going down by just one point - joined in relegation by Carlisle United and Chelsea.

David Pleat took the managerial hot-seat in 1978 and led the club back to the top tier in 1982.

Luton Town needed a win over

Manchester City at Maine Road on the final day of the 1982-83 season, with Yugoslavian substitute Raddy Anti scoring a late winner to cause Pleat to do his famous 'jig of joy' across the pitch. The club's highest ever league finish was achieved in the 1986-87 season, when John Moore led his Hatters side to 7th in the First Division. Ray Harford took over after Moore, managing the club to League Cup success in 1988.

Two goals from Brian Stein and one from Danny Wilson saw Luton Town defeat an Ar-senal side managed by George Graham at Wembley Stadium, in front of a crowd of 95,732.

Arsenal had been leading 2-1 with just ten minutes remaining, with Andy Dibble pulling off a penalty save to spark the Hatters into a late rally that ultimately saw them lift the cup.

The club returned to Wembley for the League Cup Final in 1989, but lost 3-1 to Not-tingham Forest.

1992 saw the Hatters relegated from the First Division, with the club sinking to the third tier within just four years. Relegation from the third tier was then confirmed in 2001.

Joe Kinnear led Luton Town back to the

third tier at the first attempt, before he was sacked by controversial owner John Gurney following his takeover in May 2003.

Gurney then appointed Mike Newell, who went on to manage Luton Town to the League One title in 2005.

Newell was sacked in March 2007 after criticising the club's ownership over a lack of funds.

Kevin Blackwell and Mick Harford both attempted to emulate Newell's successes, but failed.

Luton Town were relegated twice in a row in the 2006-07 and 2007-08 seasons, before being plunged into administration.

The club was then hit with a 30-point deduction in the 2008-09 season, which saw the club relegated from League Two.

That same season saw the club win the Football League Trophy, with a Claude Gnakpa goal in extra-time proving crucial in a 3-2 win over Scunthorpe United at Wembley.

The Hatters endured a torturous five-year wait for their Football League return, pro-vided by former Dagenham and Redbridge boss John Still in the 2013-14 season.

## in focus

- Founded:** 1885
- Ground:** Kenilworth Road
- Capacity:** 10,356
- Manager:** John Still
- Nickname:** The Hatters
- Honours:**
  - League Cup winners - 1987-88
  - Second Division winners - 1981-82
  - League One/Third Division winners - 1936-37 and 2004-05
  - Fourth Division winners - 1967-68
  - Football League Trophy winners - 2008-09



# MAYURA YOGA STUDIO

"Mayura Yoga offers us a tremendous service, which is hugely beneficial towards the players' strength and flexibility."

Phil Brown



## BUILDING THE FOUNDATION OF FOOTBALL

Since 2000 the Football Foundation and its funders have invested in £1 billion worth of grassroots projects. This is providing quality playing surfaces and changing rooms for communities across the country – helping to increase participation and supporting player development.

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- www.footballfoundation.org.uk



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## ▼ three to watch

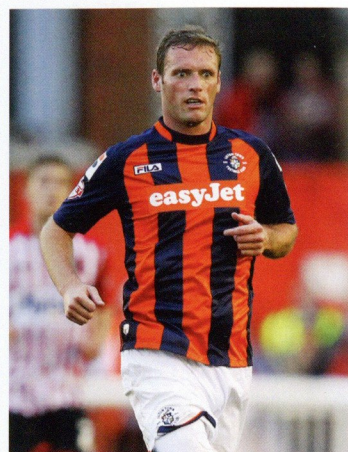
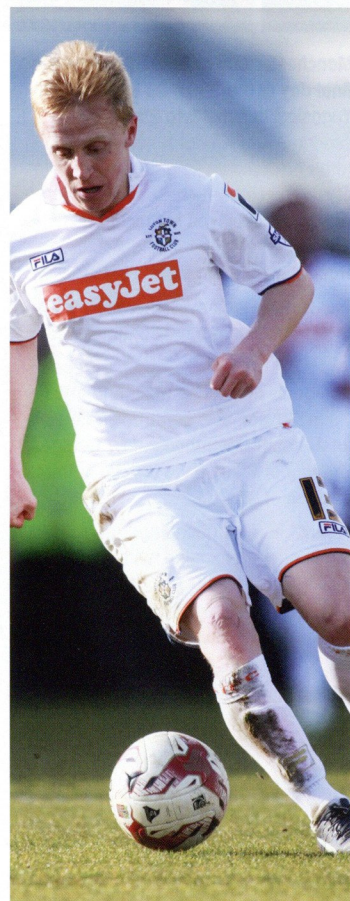


### 22 Michael HARRIMAN

An attacking full back who joined Luton Town early in the season on loan from Queens Park Rangers, Michael Harriman actually made his Hatters debut in the game against the Blues in October 2014. The full back made a great impression in the early part of his loan with Luton and it was announced earlier this season that Harriman would stay with John Still's side until the end of the campaign. The full back has already had loans with St Albans City, Wycombe Wanderers and Gillingham so far in his career and has so far appeared twice for parent club Rangers. The 22-year-old, who is a current Republic of Ireland under-21 international, played at Gillingham last season alongside current Blues duo Adam Barrett and Myles Weston.

### 13 Mark CULLEN

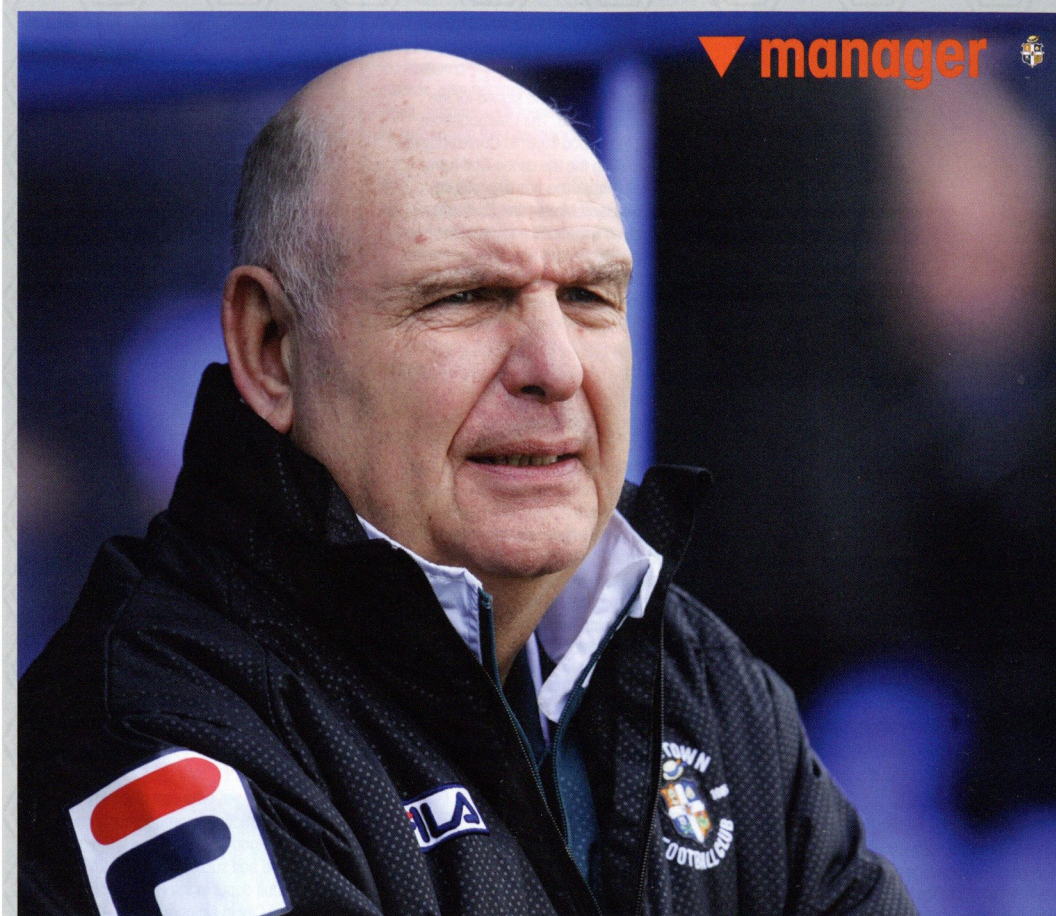
A former Hull City youngster, Mark Cullen joined Luton Town in May 2013, signing a two-year deal with the club following his release from the Tigers. He originally turned pro during his time at the KC Stadium in 2010, and upon departing the club, totalled 24 appearances, scoring once, against Wigan Athletic. During his years with Hull, Cullen enjoyed time out on loan with the likes of Bradford City, two spells at Bury and then Stockport County. Last season saw Cullen score ten goals in 36 games as the Hatters earned promotion back to the Football League. He was rewarded for his fine campaign by agreeing a new three-year contract. Cullen is Luton's top scorer this season and was linked with a move away from Bedfordshire in the January transfer window, but John Still would have been delighted to see the striker remain at the club.



### 08 Andy DRURY

An experienced midfielder who is in his second spell with Luton Town, stylish playmaker Andy Drury returned to Luton in the summer after joining from Crawley Town for an undisclosed fee believed to be £100,000. Born in Kent, Drury began his career in non-league football with hometown club Sittingbourne in 2001, spending two years with the side, scoring an impressive 26 goals in 98 games before moving to Gravesend & Northfleet (Ebbsfleet United). He was a regular for the Fleet and made over 100 appearances prior to making the switch to Lewes in 2006. He enhanced his reputation as a goalscoring midfielder man, bagging an impressive 16 goals in 72 games at the Dripping Pan before heading to the Conference to sign for Stevenage in 2008, spending two years with the Hertfordshire side and winning the FA Trophy and promotion to the Football League for the first time in the club's history in his two-year stint at Broadhall Way. However, Drury decided to drop back down to the Conference by signing for Luton on a free transfer in the summer of 2010. He only spent half a season with the Hatters before joining Championship side Ipswich Town in January 2011 for a fee of £150,000. In September that year he joined Crawley on loan but the two sides couldn't agree on a fee to make the move permanent. On his release from Ipswich in the summer of 2013, Drury joined Crawley on a permanent deal, playing 41 times for the Reds last season in Sky Bet League One.

## ▼ manager



### John STILL

An experienced manager who led Luton Town back to the Football League last season, John Still joined the Hatters in 2013 – dropping down a level by leaving Dagenham & Redbridge.

Still had been with the Daggers since 2004 and had overseen their promotion to the Football League for the first time in their history, before a League Two play-off Final win over Rotherham United at Wembley Stadium in 2010.

However, the Daggers only spent a season in League One before suffering relegation back to League Two.

The 64-year-old boss cut his teeth in management in non-league football, winning trophies and honours with a host of clubs, including Leytonstone & Ilford (twice), Dartford, Maidstone United and Redbridge Forest before joining Dagenham for his first spell as boss in 1992.

He spent two years with the club before joining Peterborough United in 1994, spending a season with the Posh before departing the club.

1997 saw Still join Barnet, and over two separate spells managed the Bees and was Director of Football, when Tony Cottee became player/manager with the north London side.

After a stint as assistant manager at Bristol Rovers, Still returned to his native London by joining Dagenham for a second time in 2004.

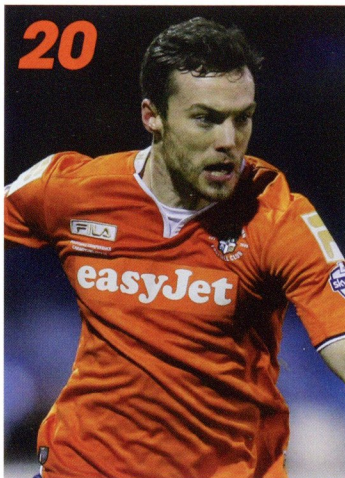
During his time with the Daggers, Still developed a reputation for signing non-league gems such as Craig Mackail-Smith, Dwight Gayle and Danny Green, who are all now playing in the Championship, Premier League and League One, respectively.

As a player, West Ham-born Still started out at Leyton Orient but only made a solitary appearance for the O's before dropping into non-league with Bishop's Stortford, Leytonstone and then Dagenham.

### Previous Results







### 7 Mark TYLER

Hugely experienced goalkeeper who was the Hatters' first signings in their first season in the Conference in the summer of 2009. Prior to his move to Kenilworth Road Mark had made almost 400 appearances whilst with Peterborough United. The 2013/14 season was Tyler's fifth at Kenilworth Road and he crowned it by playing every match in the 46-game title-winning campaign. He kept clean sheets in exactly half of those games and has now made 232 appearances in total for the Hatters.

### 2 Fraser FRANKS

Talented centre-half who signed for an undisclosed fee in January 2014 from Welling United. Began his career as a youngster at Chelsea and then Brentford before moving to AFC Wimbledon, winning promotion in 2011. Left Kingsmeadow for Welling and helped the Wings secure the Conference South title in 2012/13. Made 17 appearances at the heart of the Hatters defence in the title-winning season of 2013/14.

### 3 Danny FITZSIMONS

Former Millwall and QPR defender who followed team-mate Jim Stevenson to Kenilworth Road from Histon on a two-year contract in the summer of 2013. Swept the board at the Stutes' end-of-season awards in 2013 and has over 100 games experience despite only being 22-years-old. Capable of playing at left-back or in central defence, an injury kept him out of the Town side for the entire 2013/14 campaign but he's back to full fitness and aiming to stake a claim in the Town squad.

### 4 Jonathan SMITH

Combative central midfielder signed from York in January 2013 for £50,000 following a successful loan spell. Originally with York he moved to Swindon where he helped the Robins win the League 2 title in 2011/12 before switched back to Bootham Crescent. Smith enjoyed a terrific first half of 2013/14 with a number of influential performances but his season looked to have been over following a leg-breaking injury sustained on Boxing Day. However, his progress and rehabilitation was tremendous and, four months to the day after the incident, he made

an emotional comeback as a substitute in the final match of the title-winning campaign.

### 5 Stephen MCNULTY

Experienced centre-half who signed for the Town in February 2013. The Liverpool-born defender led Fleetwood Town to Conference title in 2011/12, lifting the title as the Cod Army captain. The Liverpoolian has also played for Barrow, Vauxhall Motors and Bursough. McNulty enjoyed a fantastic season at the heart of the Hatters defence and was an ever-present as the Hatters lifted the Conference title.

### 6 Alex LACEY

Highly-rated centre-half who made his first team debut as a 17-year-old in the FA Trophy first round tie against Welling in 2009, earning the man-of-the-match award for an excellent performance. Signed a professional contract to remain at Kenilworth Road until the end of the 2011/12 season which was extended to a three-year deal in the summer of 2012. He spent the 2012/13 season on loan at Conference South side Eastleigh but began the 2013/14 season as captain during pre-season and broke into the side in August. Lacey scored his first goal for the club in the 4-0 win at Woking in September 2013 and went on to make 22 appearances as the Town lifted the title.

### 7 Alex LAWLESS

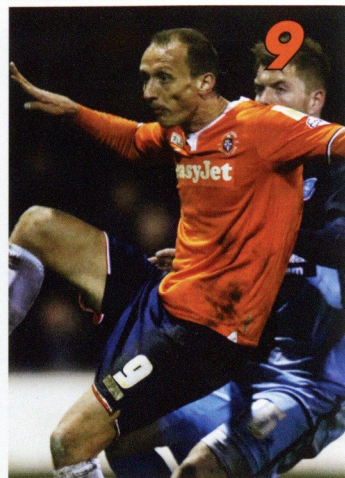
Influential and creative midfielder penned a new two-year contract in May 2013, turning down contracts at two clubs in League 1. Lawless enjoyed a fine 2012/13 campaign which culminated in him winning both the Player of the Year and Players' Player of the Year awards. The 29-year-old has made 156 appearances for the Hatters since signing from York City in November 2010 and has scored 18 goals. Began his career as a youngster at Fulham and has also played for Forest Green. Scored six goals in 32 matches as he helped the Town lift the Conference title in 2013/14. The third-longest serving member of the squad.

### 9 Paul BENSON

Experienced striker who signed permanently this summer after a hugely successive season-long loan last term. Benson started out with Essex Intermediate League side White Ensign but shot to prominence with Dagenham & Redbridge under John Still, helping the Daggers to win two promotions, scoring over 75 goals. He signed for Charlton Athletic in August 2010 but after a season-and-a-half - in which he scored 10 league goals - the striker moved to Swindon Town in January 2012 and helped the Robins win the League 2 title that season. Having fallen down the pecking order at the County Ground, he was loaned to Portsmouth and Cheltenham last season before he was reunited with Still at Kenilworth Road. In his debut season at Kenilworth Road Benson was at his magnificent best, scoring 18 times as he helped the Town to lift the Conference title.

### 10 Alex WALL

Powerful striker who signed in the summer of 2013 having impressed whilst on-loan to the



Hatters from Maidenhead United until the end of the 2012/13 season. Alex joined Maidenhead from Thatcham Town but burst onto the scene last season with a dozen goals for the Magpies. He won the Blue Square Bet South player of the month award for February following a purple patch in front of goal and, following his arrival at Kenilworth Road, scored two goals. In 2013/14 he scored a fine winning goal in the 4-3 win over FC Halifax before going out on loan to Dartford where his form in front of goal continued.

### 11 Jake HOWELLS

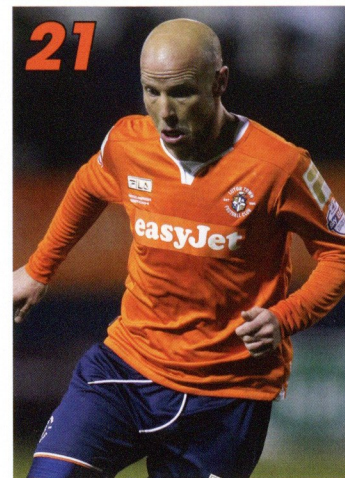
The young winger, who can also play at left-back or in central midfield, came through the ranks at Kenilworth Road and made his first team debut as a second half substitute in May 2008. He made his full debut in the Hatters colours away at Bradford City in October 2008. After making 36 appearances for the Hatters in the 2008/09 the England C international was rewarded for his efforts with a professional contract in May. In his first season as a pro, Howells made huge strides with impressive performances on the left-side of midfield, ending the 2009/10 campaign with six goals, including his first senior goal in the incredible 4-3 win over Cambridge in September 2009. Capped at Under-21 level by Wales.

### 12 Scott GRIFFITHS

Left-back who signed at the end of the 2012/13 season after impressing following his arrival on an original short-term deal. The former Dagenham & Redbridge man, the experienced defender joined the Hatters in March 2012 following his release from former club Peterborough. He won the Conference under Still in 2007 and lifted the League 2 title with Chesterfield in 2011. Scott was an ever-present for the Town in the title winning campaign of 2013/14.

### 14 Andy PARRY

Versatile central defender or midfielder signed from Southport on a two-year contract in the summer of 2013. Also able to play at right back, Parry had two seasons' worth of Conference football under his belt. Began his career as a youngster at Blackburn. Appeared 26 times for the Town in his debut season of 2013/14 and scored four goals.



### 16 Eliot JUSTHAM

Up-and-coming goalkeeper signed from East Thurrock on a two-year deal in May 2013. The 6ft 3in stopper kept 14 clean sheets in 31 matches for the Rocks in the 2012/13 season. The stopper has previously enjoyed trials at West Ham and Reading. He made his Town debut in an FA Cup tie at Woking, keeping a clean sheet in the process, and went on to feature in all of the Hatters' cup ties in 2013/14. Was an ever-present as substitute keeper for Mark Tyler during 2013/14.

### 17 Pelly RUDDOCK MPANZU

Highly-rated midfielder who the Town signed on a permanent deal from West Ham in January 2014 from West Ham United. Only made his debut for the Hammers in August 2013 in the Capital One Cup but was loaned to the Hatters in December - making his debut at centre-half against Staines in the FA Trophy. He scored his first goal for the Town in the 7-0 win over Hereford and picked up a championship winners' medal after string of impressive performances in central midfield.

### 18 Ross LAFAYETTE

Summer signing from Welling United, the strong and pacey frontman scored 39 goals in 90 matches with the Wings, who he helped win the Conference South in 2012/13. A regular scorer further down the pyramid he also has experience of coaching in the United States. Joined the Town on a two-year deal.

### 19 Ricky MILLER

The 2013/14 Conference North player of the year and top goalscorer who ended the campaign with a haul of 28 goals for Boston. Previously on the books of Rothwell and Stamford, the striker began his career on the books at Charlton as a youngster. He signed for the Town on a two-year deal this summer and was likened by boss John Still to a cross between Kevin Phillips and Craig Mackail-Smith.

### 20 Shaun WHALLEY

Attack-minded midfielder or winger who followed Andy Parry to Kenilworth Road on a two-year deal from Southport in the summer

of 2013. Whalley was in inspired form for the Sandgrounders throughout 2012/13, scoring 10 goals and creating many more and ended the campaign with a string of end-of-season awards. After beginning last season with the Town, Whalley was loaned to AFC Telford who he helped win the Conference North title.

### 21 Luke GUTTRIDGE

Influential and experienced central midfielder with over 450 senior appearances to his name who signed for the Hatters in August 2013 on a two-year contract. He has twice won promotion whilst with Southend, and also helped Northampton reach the League 2 play-off final last season. Luke enjoyed a fine debut season with the Hatters, scoring an impressive 13 goals in 33 matches before a foot injury curtailed his season in March. Returned to full fitness this summer, scoring in the friendly draw with Colchester.

### 23 Matt ROBINSON

Young central midfielder who impressed the Town enough in pre-season of 2012 to earn himself a contract. He made his Town debut in a 2-0 win at Kidderminster Harriers in August and scored his first goal for the club in the 3-1 win at Southport on the final game of the 2013/13 season. Matt had clearly made a big impression and the midfielder was delighted to pen a new two-year contract in June 2013. Matt made 31 appearances for the Town in the title-winning campaign and scored twice - both vital goals against Chester and Grimsby.

### 24 Curtley WILLIAMS

A former Ipswich scholar whose primary position is right-back who joined the Hatters this summer. Curtley spent time in Spain at the Glenn Hoddle Academy before spells in non-league. He helped Lowestoft to the Play-Offs in his first season before enjoying another successful campaign in Suffolk last term, with the club winning promotion through the Play-Offs.

### 26 Nathan DOYLE

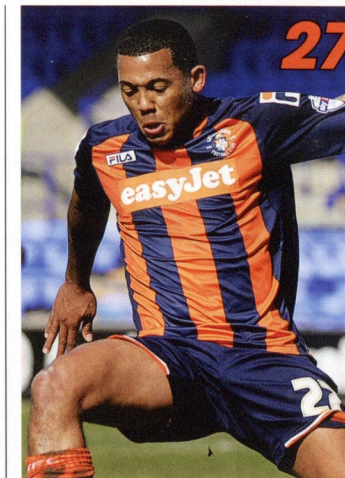
Defensive central midfielder who penned a one-year contract with the Hatters in September 2014 after leaving Bradford City in the summer. Derby-born, he came through the Rams' youth ranks before signing for Hull and then Barnsley. Joined Bradford in 2012 and helped the Bantams win the League 2 Play-Offs in his first season - a campaign that also saw the Yorkshire outfit reach the final of the League Cup.

### 27 Ryan HALL

A former Blues winger, who signed an 18-month contract with Luton in January 2015. Started his career as a youngster at Crystal Palace but resurrected his career in non-league circles at Bromley. Southend took a punt on the pacy wideman and he went on to enjoy an excellent two seasons at Roots Hall in League 2. A move to Leeds followed before he dropped out of favour, but after a spell with Rotherham at the start this season he moved to Kenilworth Road.

### 30 Luke WILKINSON

Centre-half who has previously played under John Still whilst with Dagenham. The former



Bristol City and Portsmouth defender enjoyed a successful spell on-loan at Dartford before nailing down a place with the Daggers and was voted their player of the year two seasons ago. Signed a one-year deal with the Town in July 2014.

### 31 Nathan ODUWA

Highly-rated 18-year-old winger or striker on-loan from Tottenham Hotspur until the end of the season. Risen through Spurs' academy and has been capped at Under-17 and 18 level for England. Made his Luton debut in the 1-1 draw at Oxford in February.

### 32 Brett LONGDEN

Young second-year professional whose primary position is right-back. Brett made his debut for the Town in the FA Trophy and spent last season on-loan at Maidenhead - a deal that was struck once again for the first three months of this season.

### 33 Mark ONYEMAH

Teenage left-back who arrived at Kenilworth Road this summer having also impressed on trial. Rose through the youth ranks with Thurrock and made his debut as a 16-year-old.

### 35 Charlie WALKER

Prolific striker who joined the Hatters after scoring 43 goals last season as the club won promotion. Joined the Town on trial this summer and scored twice in the friendly against AFC Dunstable before being snapped up on a permanent deal.

### 38 Elliot LEE

Young striker loan from Premier League West Ham United. Came through the Hammers' academy and has already featured in their squads in the Premier League. Spent time on-loan at Colchester and briefly this season at Blues before he joined the Hatters in February.

### 39 Ian REES

Teenage central midfielder who penned his first professional contract midway through the 2013/14 season having impressed the coaching staff. Made four appearances, including a full debut in the 2-0 FA Trophy win over Wrexham in which he hit the post with a first half header.



# On this Day

**S**outhend United hold a mixed record when featuring on the 25th April, with five wins, seven draws and seven defeats.

Their last victory on this day came in a Division Four clash at Torquay United in 1981, as Blues ran out 3-0 worthy winners.

In recent years, Southend have shared the spoils with their opposition, including the year 2009, where they drew 1-1 away at Oldham Athletic in League One.

Latics' Kevin Maher struck the post before Deane Smalley was brought down inside the penalty-area by Southend defender Peter Clarke. Neil Eardley then stepped up to fire his spot-kick beyond goalkeeper Steve Mildenhall, but Oldham's lead lasted less than 10 minutes as Lee Barnard grabbed a vital equaliser from close-range.

However, blues couldn't find the winner, as their slim mathematical chances of making the League One play-offs were ended.

Two years later in 2011, Blues played out a goalless draw at Macclesfield Town in League Two.

It was a vital point for the Silkmen, as it left them a point closer to safety, although they may have felt they could have won the game in the 81st minute when striker Tyrone Barnett clipped the top of the crossbar with a powerful drive from outside the box.

In other news, April 25 1983 saw the German magazine, Stern, publish the first instalment of the controversial "Hitler Diaries" - an account of World War II allegedly written by the Führer himself.

It was thought Adolf Hitler had written the diaries between



Lee Barnard celebrates his goal after making it 1-1 at Oldham in 2009

1932 and 1945, as the magazine's news conference in Hamburg saw incredible scenes after Lord Dacre, the eminent British historian who authenticated the diaries only days earlier, said he was having second thoughts.

There has been fierce debate over the diaries since their discovery was first reported last week. At today's news conference, the Stern journalist who is said to have found the diaries in East Germany, Gerd Heidemann, told the story of his scoop.

## Famous birthdays...

**1958:** Raphaël Varane, French footballer who represents Spanish outfit Real Madrid.

**1981:** Felipe Massa, Brazilian Formula One racing driver, currently representing Williams.

**1982:** Monty Panesar, English international cricketer who currently plays for Essex.

**1974:** Johan Cruyff, former Dutch footballer who notably represented Barcelona and Ajax.

**1963:** David Moyes, Scottish football manager currently in charge of Real Sociedad, having previously managed Everton and Manchester United

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**TONIGHT** SAT 25 APRIL  
FROM 7PM

DECLAN HICKLING



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# Inside Track

OUR MAN CONNOR ARMSTRONG DISCUSSES LUTON TOWN'S SEASON WITH MIKE SIMMONDS - SPORTS EDITOR OF LUTON TODAY

## How would you assess the 2014-15 season for Luton Town?

The 2014-15 campaign has most definitely been a mixed bag for the Hatters. After a difficult start, Luton then went on a superb winning run which propelled them to top spot.

Even though that sequence was eventually broke, it looked like they were nailed on for the play-offs at the very least until a seven-game losing streak saw them plummet down the table.

Injuries have played a part massively for Luton though with some big players missing at various times, so if they can regain a top seven berth, then they can reflect on a decent effort in their first year back.

## This is The Hatters' first season back at League Two level, has it met expectations and what are the aims of the club moving forward?

I would say that most Luton fans would have hoped for a top 10 finish at the very least, with quite a few believing a play-off place was possible too, so with that in mind it has met with expectations. However, the aim of the club moving forward is most definitely to make progress, so if still in the division next term, they will be looking for automatic promotion.

## John Still took over at Luton after leaving Dagenham, and led the club back to the Football League - what do you make of him?

The Town manager has been one of the major reasons behind Hatters' success over the last 18 months, as he finally ended five years of misery in the Conference by romping to the title last season.

He managed to bring the club together, getting fans onboard which proved a real boost to their fortunes last year.

The last few months have been tougher for Still with Town's losing run, but almost all fans remain fully behind the manager, wherever Luton finish this term.



NATHAN DOYLE

## Luton are 8th and outside the play-off places only on goal difference - do you think the Hatters will be successful in their pursuit of the play-offs?

It's so tough to call this one as I didn't think they would make it in recent weeks, but Saturday's results has given them a real opportunity.

The ball still remains in Plymouth's court though as they have a far better goal difference and with today's game, plus Stevenage at home next week, I fear Luton may fall just short.

## Key man?

The key man for the Hatters, if fit, is midfielder Nathan Doyle, who has been Luton's best signing this season.

He missed Saturday's 3-0 win over Hartlepool with a calf injury but it is hoped he will recover in time for today's meeting as he provides such an effective screen in front of the back four and is excellent when in possession.

## Unsung hero?

Town's unsung hero this year for me would be full back Scott Griffiths who often doesn't get the credit he deserves. It was noticeable how Luton's defence



SCOTT GRIFFITHS

suffered without him in recent weeks and he is now playing through injury to give Hatters the best chance of making the play-offs.

## What have you made of Southend's season so far?

Looking on from afar, it looked like Southend were making heavy weather of the season before Christmas as they appeared to struggle for consistency. However, since the turn of the year, they have been hugely impressive, especially putting together such a great run of results when most needed.

## Where do you expect Southend to finish this season?

Looking at the remaining fixtures this season, I would expect Southend to finish in fourth place as third definitely remains in Wycombe's hands and as long as they hold their nerve, they should go up automatically.

## Who are you tipping for promotion?

I would tip the top three to stay as they are and then Bury to go up through the play-offs.

## 10. Score prediction for today's game?

I'll go for a narrow home win, 2-1.

# We've met before...

CONNOR ARMSTRONG LOOKS AT OUR BATTLES WITH LUTON TOWN OVER THE YEARS

## Luton Town 2 Southend United 0 October 11th 2014

First-half goals from Alex Lawless and Mark Cullen saw Luton overcome Blues when the two sides met at Kenilworth Road earlier this season. Lawless fired the hosts into the lead after 17 minutes when he darted into the penalty area, cutting inside before curling a placed effort past Dan Bentley. After a defensive error from Bentley and Cian Bolger, midfielder Andy Drury pounced for Luton, enabling Cullen to double the hosts' advantage. Blues were unable to reduce the deficit, meaning that the Hatters leapfrogged Southend and rose to 4th in the table as Phil Brown's men slipped down to 5th.

## Southend United 3 Luton Town 1 November 29th 2008

Blues progressed to the Third Round of the FA Cup with victory of a Luton Town side managed by Mick Harford. The Hatters visited Roots Hall in the 2008/09 season, which would later see the side relegated from the Football League. Junior Stanislas scored after 34 minutes to send Southend in front at the interval, before Michael Spillane, who would later represent Blues, levelled the scores in the 80th minute. Luton were on level terms for just four minutes, with West Ham United loanee Stanislas striking again. James Walker

rounded off the scoring for Blues in the 90th minute, after replacing Alex Revell as a 77th minute substitute. Southend went on to play Chelsea in the FA Cup Fourth Round.

## Southend United 2 Luton Town 0 March 8th 2008

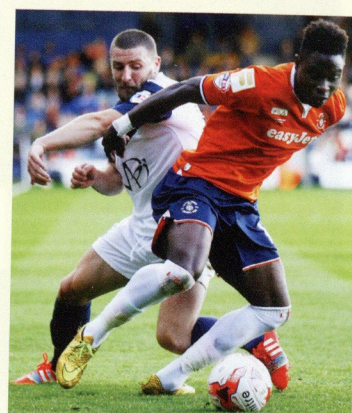
Blues beat Luton Town in the last league meeting between the two sides, as Steve Tilson's side kept up their push for the League One play-offs. Nicky Bailey opened the scoring just eight minutes before the interval, netting in front of a crowd of 8,241. Luton, whose side featured Chris Perry, Paul McVeigh and Matthew Spring, were unable to peg Blues back and had defeat confirmed in the 90th minute. James Walker wrapped up the three points for Southend United in the final minute of regulation time, firing an effort past Dean Brill in goal for the Hatters.

## Luton Town 1 Southend United 0 November 24th 2007

Calvin Andrew scored the only goal of the game when Blues visited Kenilworth Road in November 2007. With Blues in 8th place in the League One table, the defeat at 22nd placed Luton Town was unexpected. Southend lined up with Peter Clarke, Adam Barrett and Gary Hooper in the starting eleven, but were unable to score against the League One strugglers. Luton Town, managed by Kevin Blackwell, went in front when Luton youth product Andrew beat Steve Collis in the Southend goal, to earn a valuable win to move the club away from the foot of the table.

## Southend United 1 Luton Town 3 April 28th 2007

Goals from Calvin Andrew, Matthew Spring and Besian Idrizaj condemned Southend to relegation from the Championship in front of a crowd of

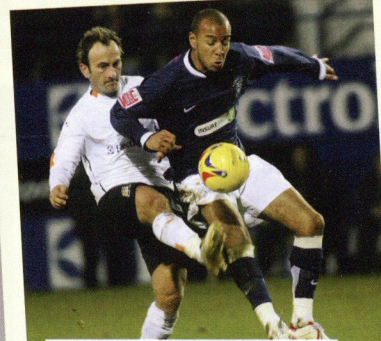


Pelly Ruddock Mpanzu is under pressure from Gary Deegan earlier this season

10,276 at Roots Hall. Lee Bradbury's 66th minute goal proved to hold little worth by the final whistle, after first half goals from Andrew and Spring saw the visitors head in two goals in front at half-time. As Blues pushed for a late equaliser with Steve Tilson's substitution of Charles Ademeno in place of Richie Foran, the knock-out blow to Southend's survival hopes was landed when Idrizaj, on loan from Liverpool, netted in the 87th min-ute.

## Luton Town 0 Southend United 0 December 15th 2006

Mike Newell's Luton Town side rose one place from 19th to 18th in the Championship table, as Blues were unable to escape their position at the bottom of the table. The Hatters side that Friday night featured Dean Kiely, Carlos Edwards and Rowan Vine. Southend went in search of a late winner when Blues boss Steve Tilson brought on both Matt Harrod and Gary Hooper with just ten minutes remaining, but the additional striking options were unable to assist Freddy Eastwood in breaking the deadlock at Kenilworth Road. The goalless draw left Tilson's men seven points adrift of Barnsley, who occupied 21st position, despite Blues having played a game more than the Tykes.



Ahmet Brkovic and Blues' Lewis Hunt in December 2006



# ACTION REPLAY



Tuesday 21st April, 2015

Gigg Lane

Sky Bet League 2

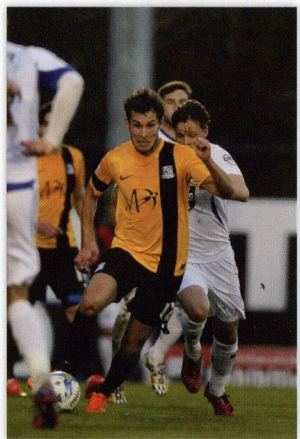
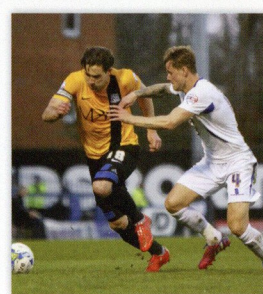
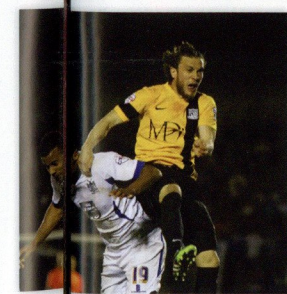
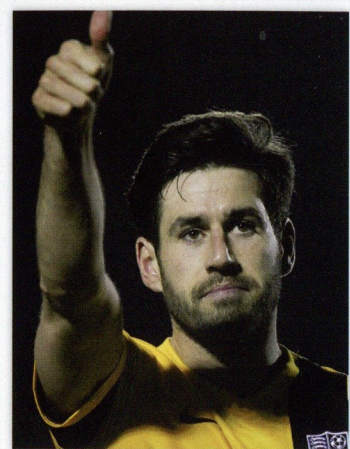
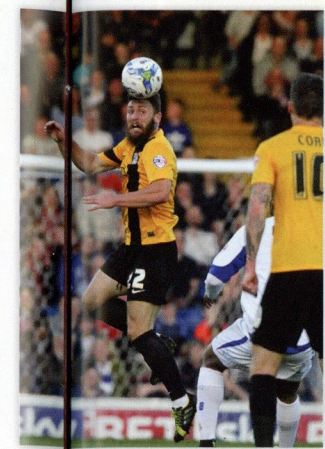
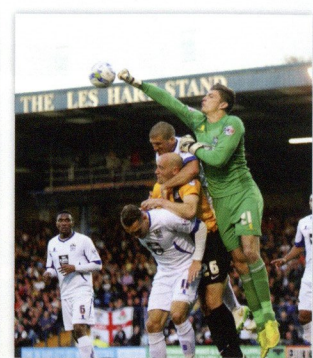
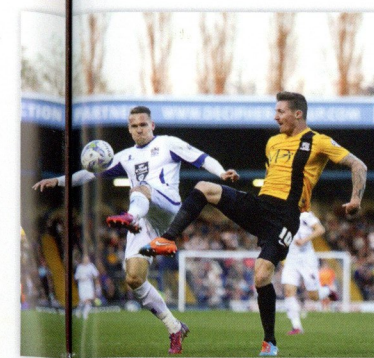
**BURY 0**

**SOUTHEND UNITED 1**

WORRALL (74)

Referee: Mr Tony Harrington

8,396



MATCHSTATS	
Possession	44 56
Shots on target	2 2
Shots off target	4 9
Saves	1 1
Corners	4 9
Fouls conceded	13 9





# IN THE COMMUNITY

**Southend United remains committed to embedding itself in the heart of the community it serves.**

The Club has been in existence for over 100 years and the reason for that is it means something to its fans, football is more than just a game; it's a way of life and it's the people who keep it alive.

For that reason, we believe we have a responsibility to use that power and influence to have a positive effect on the lives of the people we serve.

The way we do that is through our very own Community and Educational Trust. Through the Trust we use the brand of the club, the positive role models of the manager and players and matchday experiences to give opportunities to people through the unique hook of football. Last year our players and management made 238 visits to local schools, community groups and fans engagement events. This of course is a great way for fans, young and old, to meet their heroes and become inspired to achieve success in whatever their aspirations may be.

We didn't stop there, through our Fans of the Future initiative, Future Blues, we gave 6,585 children and young people from local schools, grassroots clubs, families and community groups the opportunity to come and watch a game here at Roots Hall, many for the first time.

We are immensely proud of the work we do and will continue to provide opportunities for people to be inspired by our efforts for the next 100 years.



Please refer to the photos which show some of our highlights from this season.

Good luck to Phil and the players and let's get behind them in the push for the last automatic promotion place.

Dale Spiby

Chief Executive at the Southend United Community & Educational Trust

Southend United received a cheque of £2,000 last week from the share of the 2014 Community Shield Fund before kick off in our recent home game against Tranmere Rovers.

The money we received from the FA goes towards community based initiatives.

The 2014 FA Community Shield contribution to the fund amounted to 44% of the total matchday income.





# Exiles Day In Our Own Words

loyal supporters

**THE STORY OF EXILES DAY,  
AS TOLD BY THE EXILES  
THEMSELVES**

## THE BUILD UP

Well today's the day that we've all been waiting for, the #SUFCExiles day. A day to recognise all of us who have Southend United in our hearts but don't live that close. The club and fans today will be a bit more knowledgeable about who the #SUFCExiles are, the trips that are made and the efforts we all go to on a Saturday afternoon to get some news on the mighty shrimpers. Happy #SUFCExiles day. **AT, Kent**



It's SUFC Exiles day here in the land down under and a beautiful day it is in Far North Queensland! For all Blues fans travelling to Roots Hall, Western Australia also send best wishes to all... Not quite the same, but good luck from the Isle of Wight too! **PS & SD, Australia... And JR, England**

A Blues fan for 56 years and living in the USA, I am in Leigh over Easter and plan to attend four Blues matches. **MB, Los Angeles**

## THE PRESENTATIONS

Meeting fellow Shrimpers from Kingston, Cornwall and California in the Shrimpers Bar before the game was a joy on its own, but then getting the chance to walk out onto the pitch to the applause of the crowd was fantastic. **JH, Bucks**

Somewhat overwhelming experience being in the Roots Hall centre circle. Thank you @SUFCExiles & @SUFCRootsHall! **AU, Edinburgh**

When we left the centre circle to walk back to the seats we have both occupied for many years in the West Stand, it was amazing to get the applause of the large group of people who sit around us! Brilliant idea and opportunity to get involved - thanks again! **TA & LA, Herts**

## THE REACTION

I would like to thank all concerned with the Exiles Day for the excellent organisation and warm welcome I received. Could you also please pass my thanks onto the Club. A wonderful day capped off by the presentation in the centre circle - much appreciated. **TL, Rutland**

Congrats to you and your fellow organisers for getting this off the ground, let's build on it. **AL, Suffolk**

It is great for the Exiles to be recognised by the Club and visibly so. I look forward to doing it again next season. **JH, Bucks**

Great to wake up to a home win! **PS, Queensland**

I will be travelling back for the start of next season to see my first match since 2006. Well done to all concerned and to ALL exiles no matter where you roam we still call Southend home. **SD, Western Australia**

And a final word from **AU in Brisbane**: I'll be back in late November 2015 through to New Year 2016 so look forward to getting to as many matches as possible - hopefully in League One!

## 2014-15 STAT PACK



SOUTHEND UNITED

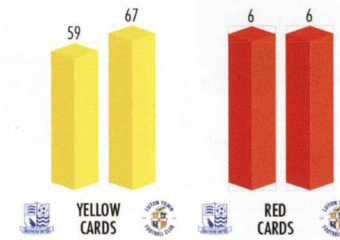
V

LUTON TOWN



## MATCH FACTS

Southend have won only one of their last 11 matches against the Hatters (D1 L9).

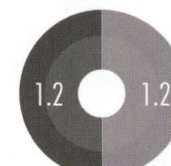


## MATCH FACTS

Luton have won four of their last five games away to Southend, losing the other.



GOALS



AV. GOALS PER GAME



SHOTS (EX. BLOCKED)



% SHOTS ON TARGET



CLEAN SHEETS



% GOALS TO SHOTS



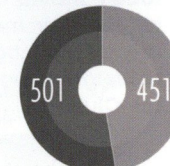
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GOALS CONCEDED

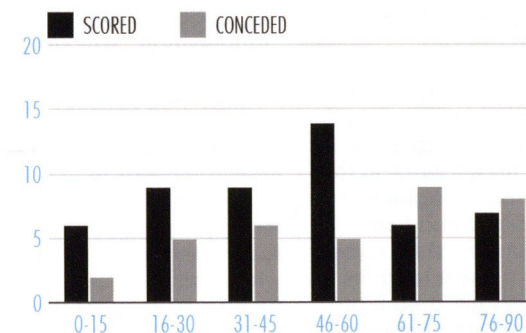


AV. GOALS CONCEDED PER GAME

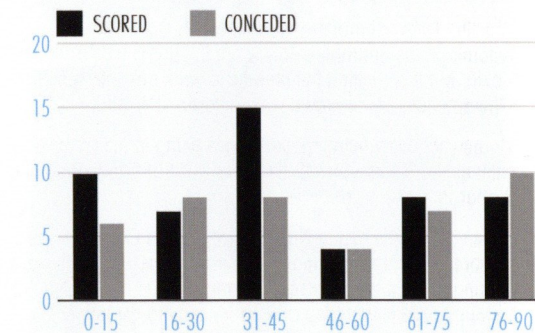


FOULS

## GOAL TIMES



## GOAL TIMES

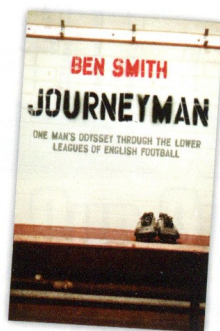


\*Data does not include games played on April 21-22





# Ben Smith

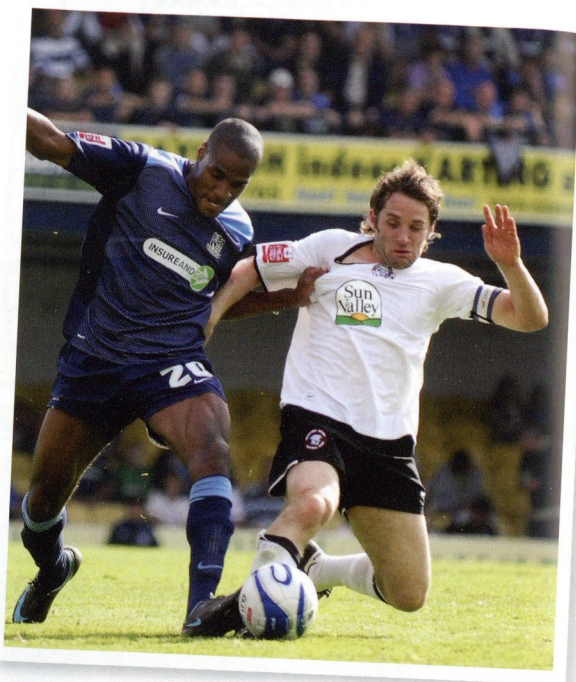


**Q:** Ben, what do you remember from your time at Southend and just prior to arriving at the Club?

**BS:** My time at Southend is probably best summed up by the word 'frustration'. I was injured a lot. I was playing for Yeovil before and David Webb was at Yeovil. I had a good relationship with him and he moved onto Southend. I got in touch and he was keen to sign me. It didn't take long for me to weigh up and join the Club.'

**Q:** What do you remember from your time at the Club and why do you think it never worked out here at Southend?

**BS:** My best mate was the physio - John Gowans. I felt I could have made a real impression at the Club. I played pre-season and got injured, then another injury that put me out for another five months. The Club offered me a deal but I never really got on with Rob Newman. I was born and lived around the Chelmsford area and



it would have been great to have made a big impression at a local club like Southend.

**Q:** Is anyone still at the Club from your time here, and do you look out for the results?

**BS:** Only Brian Dear to be honest. Like a lot of lower league clubs people come and go. He hosted me once when I had a night out in Southend.

**Q:** And you went on to have a decent career after leaving Blues, didn't you?

**BS:** I went on to have a good career. Sometimes it can be a blessing in disguise. I got myself back in the Football League with Hereford and I carved a career out for myself in the lower leagues. It wasn't the dream but to make a career in football for 15 years, it's not too bad.

**Q:** What are you up to now?

**BS:** I now work for Brighton & Hove Albion in their academy as an assistant under-18 coach. I made a lot of mistakes when I was younger and I like to think I can pass on advice and give messages out to the young players. It's much better than teaching, which is what I was doing when I retired.

**Q:** You're bringing out a book called 'Journeyman'. Why did you decide to write a book about your career?

**BS:** The main motivation was to give people an insight into my career and to let people know what it's like to be a lower league footballer. There's a lot of misconceptions at being a lower league

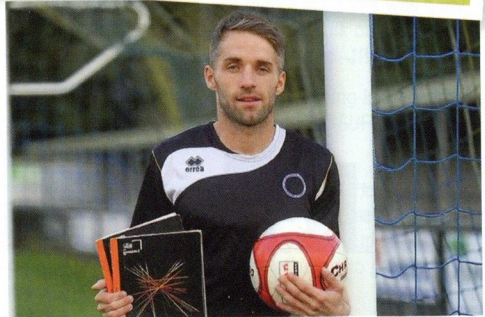
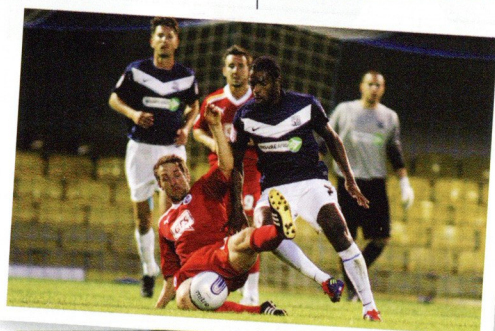
player. If you sign a contract for two years you feel as if you've won the lottery, but 18 months later you're back in the same position. When TV deals crash, contracts become less and that was part of why I left Southend - the contract was less due to ITV Digital going bust. There's some funny and interesting stories and I've gone into detail about how much I've earned as well as quite a bit more.

**Q:** Why should Blues fans purchase the book?

**BS:** There's a chapter of my time at Southend and there are memories from the players we had at the time and stories from my time at the Club. The fans will know the names and the stadiums. They will know what it's like to go to the likes of Accrington and be one of about 800 or 900 people! The book will appeal to the clubs I played for and I hope they will all enjoy it. It'll be perfect for when the fans are lazing around the pool in the summer on their holidays, hopefully after a Southend promotion to League One!

Journeyman is out on Tuesday 28th April and is available on order on Amazon by going to this link: <http://www.amazon.co.uk/Journeyman-odyssey-through-leagues-football/dp/1849548544>

You can follow Ben on Twitter - @bsmudger7





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Fuel consumption figures for Nissan LEAF - CO<sub>2</sub> while driving 0 MPG N/A. Offers valid until 31 March 2016 at participating dealers only. Information correct at time of going to print. Model shots shown are for illustration purposes only and are subject to availability. Model shown is a LEAF Tekna from £199 per month. Model shown has metallic paint at £525 inc. VAT. 17 day Test Drive is subject to availability and eligibility criteria, and from participating Nissan dealers only. Restrictions and limitations apply. Contact your dealer for full Terms and Conditions. CO<sub>2</sub> while driving: 0. MPG: N/A. From 2p per mile is based on (i) overnight electricity costs (British Gas Standard Tariff unit rates for a customer paying by direct debit as at 1 May 2014, assuming seven hours of charging at the night rate and one hour on the day rate), and (ii) a range of up to 124 miles per full charge (assuming 95% efficiency). Actual consumption and range may vary due to driving style, road condition, air conditioning and other factors outside our control. Daily standing charge of 26p also applies. \*Source: December 2013 Nissan Europe Customer Satisfaction survey of 498 LEAF buyers across UK, Portugal, Spain, Sweden, Denmark, Switzerland, Norway and France, who had owned their car for approximately one month. Nissan Motor (GB) Ltd, The Rivers Office Park, Denham Way, Rickmansworth, Hertfordshire WD3 9YS.





**ROSS JOHNSON'S** concluded the 2014/15 campaign by providing a glimpse into the club's future as six schoolboys featured in a 1-0 defeat at Portsmouth last weekend. .

Only the captain for the day, Macauley Keating, will not be able to compete for Blues next season from the squad that were beaten by a clinical Liam Sayers finish on the half-hour, as youth team coach Dave Huzzey elected to give a many of Southend's U16s a taste of what can be expected in 2015/16.

On this particular occasion, the likes of Elvis Bwomono, Tom Clifford and Damani Dias, as well as substitutes Alfie Ripsheer, Cameron John and Sewa Marah, were unable to help the team to a victory, but the manner in which all the youngsters conducted themselves and the performance that they put in augers well for next term.

"I'm disappointed we lost the game," said Huzzey afterwards. "I think the first half performance was really good; we completely controlled the game when we were in possession and, even out of possession, we forced Portsmouth into areas of the field where we wanted them to play.

"I thought their centre-forward took his goal really well and they only really had

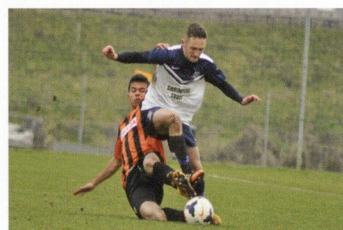
one chance and they scored from it and, as the boys came off at half-time, I was really positive. In the second half, I think we let the game go past us a little bit too quickly, we panicked a little bit because we didn't want to lose the game and we threw the ball forward a little bit too early.

"In the first half we had let the play build up, and we were better and had longer spells in possession. Overall, I'm happy with the first half and some of the bits in the second half because it was a really young team we took down," he added.

Blues had probed the Pompey back-line with patient build-up play during the opening half-an-hour, but the hosts took the lead as Sayers created an opportunity. The attacker tracked across the edge of the penalty area before arrowing his shot across Josh Bexon and inside the bottom left-hand corner.

Southend's reaction to going behind was superb, and Batlokwa almost equalised immediately when he beat Bass to a long ball from the kick-off, but his effort was blocked by the custodian and Wabo's follow-up was grabbed by the recovering shotstopper. Phillips then saw a curling strike deflected wide and, when Abdul Salami was brought down in the 34th minute, Clifford's 30-yard free-kick was held by Alex Bass.

Batlokwa half-volleyed into Bass'



gloves late in the first half, but perhaps Southend's best opportunity to equalise arrived just after the hour mark. Wabo did well to win the ball on the right-hand side after persistently pressurising a defender. He then squared for the onrushing Bedford, who had the time to control the ball some twelve yards from goal, but instead swiped a shot over the crossbar when well-placed to make it 1-1.

Wabo saw an effort deflected wide late on, but Southend failed to exert the necessary pressure to force a clear-cut opening. Despite that, Huzzey was happy with the performance: "I think the problem we had was that Norman Wabo coming feet and linking up really well with the midfield players and doing all the pretty stuff in and around the box, but we had no-one that was prepared to stop that and have a go and get a shot away themselves."

"If we'd've had more of that, we'd've

scored more because we created chances, but I don't know how many goalscoring opportunities we created. We created half-chances here and there, and Joe Bedford should've scored, and Norman Wabo should've scored when he fronted the man up and shot past the post but, for the amount of possession we had in the first half, we should've had more attempts on goal."

The result followed a 1-1 draw against Stevenage in the final Boots & Laces encounter of the campaign, with Southend's point gained in the final minute when Dan Walker smashed the ball through a crowded penalty area to score his first goal of the season.

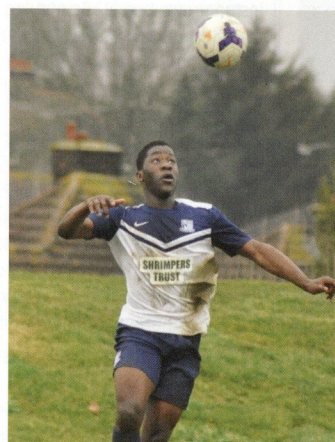
Huzzey concluded by summing up his thoughts on the season as a whole and looking forward to 2015/16: "The first part of the season was really good. We finished fifth, which was good because we played some really good sides in that division. We then struggled a little bit when we came into this Merit Division because we've been playing all the winners, but the sides that we've taken in have been young. We're not hiding behind their ages, but they've grown in experience as the games have gone on.

"From Peterborough onwards there has only been one goal in the last four games, so they have been really tight and in those games the managers of the opposition have said that we've been unlucky and deserved to get a bit more from them, so that's a massive positive to take out of the last bit of the season.

"I'm really looking forward to next season because this game was a bit of a test about what we've got, and I'm really positive about what we've got because the football we played was the best we've played all season. We had long spells where we controlled possession, which we haven't done, so hopefully the future's quite bright.

"We could quite easily have brought in the U16s to play against U17s teams or sides that went into the lower Merit Division, but we've tested them against the best, like Portsmouth, and the experience that they've got in the last six or seven games will be important and will stand them in really good stead when next season starts," he declared.

**\*You can read full match reports from every Southend United U18s match, as well as view match action photographs and the reaction of Academy Manager Ricky Duncan or youth team coach Dave Huzzey, on the club's official website, [www.southendunited.co.uk](http://www.southendunited.co.uk).**



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# Ricky DUNCAN

By Robert Craven

In the second part of an exclusive interview for the official matchday programme, Academy Manager Ricky Duncan continues to look back on his decade with the club's youth department and consider the future of the Shrimpers.

"Youth football has progressed with the introduction of the Elite Player Performance Plan and that's made us more accountable and more transparent, and I think that's only good for the game," he begins. "I think everyone should be more accountable and more transparent, with more structure, and I'm pleased with that. There's more feedback to the players, more feedback to the coaches; everything about it is about developing people and that can only be the best for everyone."

The EPPP has seen the set-up of Boots & Laces evolve over the



past ten years with more staff taken on and the acquisition of a new Soccerdome previously based in Greenwich. Duncan is grateful to the club's chairman, Ron Martin, and the Board for their support: "We've got better facilities than some clubs, and we've got a Board that's been very supportive, which has helped. The managers over the years have supported it in their own way, but we've got a manager now that's very, very supportive of what we do. I'm pleased that we've got an Academy that produces now, and kids can come in knowing that they're going to get a game."

"Against Plymouth recently, for instance, we had U16s playing in the U18s and U14s playing in the U16s. Some clubs wouldn't do that, but we can because of the calibre of the kids that are stepping in. Yes, we want to win games - I want to win games - but what was pleasing was that, although we've lost 2-1 to Plymouth, who are top of the league, we had two 15-year-olds playing on the right-hand side and Elvis Bwomono, at full-back, was fantastic. That's what it is about."

There have been many success stories, with the likes of Daniel Bentley, Jack Payne and Ted Smith all featuring in the first-team this

season and current scholars Daniel Matsuzaka and Emmanuel Adeyeye both being involved around the matchday squad. Duncan is quick to point out that there may have been others over the seasons, but they have moved on to progress their careers at other clubs, and that has also played a part in the Academy gaining the reputation it has.

"We can talk about Dan Bentley playing in the first team, and Johnny Herd before him and Franck Moussa before him, and then other players have missed out on that opportunity because other clubs have come in and bought them, which is still a success story for the football club, but once a club comes in then the kids and their parents have got to make their own decisions."

Duncan would prefer it if the talents that have been produced could be retained, and that is why he believes that instigating an U21 team is important: "That's a grey area for us at the moment. A lot of boys have gone through and we've got to look at that differently, which we've highlighted and that's what we're doing. A full-time recruitment officer will be nice for the Academy because it will take the pressure off



myself and some of the other staff, so that's going to help us."

"I'm excited about where we're going and about the prospect of having more staff and a bigger department, and having that opportunity, with investment, to keep bringing good quality players to this football club. The next level will be to get 50% in the first team, but that will come when they're good enough."

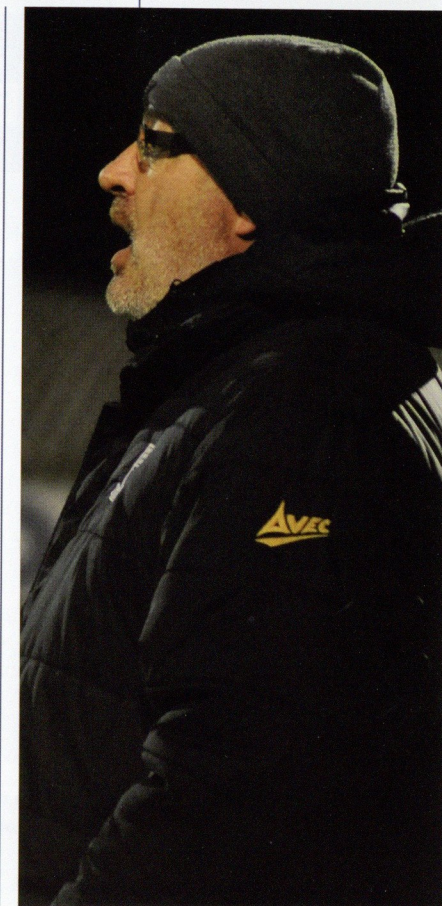
"The manager wants to put players in, but they've got to be good enough and we've got to make sure we're giving him a rough diamond that he can polish off and put in the first team. We give him the diamond and he shows them the extra work that first team football is, about getting three points and winning games on a Saturday; that's the next part of their development, which will help with the U21 squad coming in."

So, what does Duncan hope for in the next ten years? "I hope, in ten years' time, the Academy is a lot stronger. I hope it's in Category Two, and if the football club is in the Championship then maybe thinking about going Cat One, which would be a fantastic thing

for a club like this. I hope they still have a youth policy here, because it's been ten years' worth of work from everyone at the club; people that are here now, people that have left, the Board of Directors and the chairman."

"I have to say that the chairman has always been there and, when it's right, he supports it. If you knock on his door and say that we need to push it a little bit more, he has supported it. That only works when you've got a manager behind it as well, which we have, so in ten years' time, whether I'm coming back to visit or still sat in this year, I'll be just as pleased and proud as I am now."

"If there are still kids coming through and the club has got the reputation it's currently got, then I'll've left a good legacy. Hopefully I'll still be sitting here in ten years' time and we'll be talking about retirement and where I'm going to enjoy the rest of my life! At the moment it's just about pushing for Cat Two and keeping the standards high to take the club forward and make sure it's recognised as a place to develop young players."





# ESSEX POLICE INVEST IN THE FUTURE OF SOUTHEND



Essex police is investing in a major refurbishment of Southend police station this year, ensuring a modern, fit-for-purpose facility for years to come.

The refurbishment will see an overhaul of the custody facilities, which are currently over 50-years old, as well as improvements to the external façade of the building.

The building work will mean the station will be closed from Monday, June 8, 2015 for 12 months, with front counter services available from nearby Westcliff police station during this time.

Southend district commander Chief Insp Simon Anslow is pleased to see the months of detailed planning coming to fruition: "This investment in Southend is long overdue and is a really exciting piece of work," he said. "Maintaining a visible

presence across the Southend borough and having somewhere members of the public can speak to us face-to-face is a priority.

"I am glad we have been able to make use of Westcliff police station to provide our front counter services to residents while the work to improve the station is being conducted."

Westcliff station will provide facilities for reporting crime and traffic incidents, producing documents, lost and found property enquiries and intelligence gathering and will be open between 8am and midnight, seven days a week.

The full cost of the Southend refurbishment is more than £9 million; a level of investment that clearly demonstrates our commitment to keep a local policing base in the town and ensure our facilities are fit for operational use in the future.

## Keep in touch with Essex Police



Essex Police has always considered new ways to improve public engagement and social media platforms such as Facebook and Twitter are providing a hugely popular service.

Anybody following the police on Twitter or 'liking' the Facebook page will be able to interact with the force, help with public appeals and keep up-to-date with the latest investigations and campaigns, while there is also a wide selection of videos available on YouTube.

Users of Instagram can now follow Essex Police to see the latest images of police work in action on our newly launched page.

Recent success stories of public support through social media include tracking down missing people, reuniting people with stolen property and identifying criminals, and Essex Police would like to thank everybody who has helped in any way to share our appeals.

Essex Community Messaging (ECM) is the latest tool to allow the public to keep in touch with the police, and the free-to-use service is already proving an invaluable addition. Subscribers can choose to receive messages via text, email or voicemail, with information sent directly from local police officers. Find out more at [www.essex.police.uk/ecm](http://www.essex.police.uk/ecm).

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## "A THANK YOU TO THE FANS"

*I did not want to let the moment pass without acknowledging the unbelievable support that our fans contributed to the teams' success.*

*This could not have been more vividly demonstrated than by our 530 supporters that travelled to Bury on Tuesday evening...an incredible, and expensive, sacrifice but one that made for an unforgettable night of football. Our supporters sang from the first minute to the last and although it was 500 Southend Fans v 8,000 Bury we silenced them ...off the pitch and ultimately on it too.*

*I wish to thank you for it was truly amazing and the players clearly responded, producing what might prove to be a vital result come May 2nd!*

**Absolutely brilliant, well done.**

Chairman





# Adam Barrett



**H**e's been a key cog in the well oiled Southend United machine that has kept seven consecutive clean sheets, and Adam Barrett is delighted with how his second spell with Blues is going.

The Southend legend, who has played over 250 times for the Blues, returned to the Club in January of this year after departing Gillingham.

Adam was out of the side for the early stages of his second stint, but has been a colossus at the heart of the defence alongside Cian Bolger recently.

The Blues have won their last six games – with the latest a 1-0 win at Bury on Tuesday evening.

And Barrett was over the moon at the result at Gigg Lane, another memorable night during his time with Southend.

"I've been lucky enough to have some great nights involved with the club and it was fantastic at Bury," Barrett reflected.

"It was a massive game and we had to win the game. Bury had to win as well. We had to weather the storm and defended resolutely. We grew into the game and in the second half there was a real belief we could go on and win.

"I'm delighted for Wozza [David Worrall] in particular. To come on and stick it in the top corner, after everything that's gone on with him is phenomenal, and all the lads were so delighted for him.

"It was an unbelievable turnout from the fans as well at Bury. It's a long way to go on a Tuesday night and to take over 500 shows what a credit they are to the Club."

But the defender insists there's still a long way to go in the hunt for promotion, and says the team can only focus on winning their final two matches before seeing what happens with Wycombe Wanderers.

"We've done nothing yet. We've got two big games to go, starting with Luton Town.

"To go out at Roots Hall on the last home game of the season will be fantastic. It'll be a cracking game. They'll go for it, so will we, and these are the types of games I came back for

"I beat them with Wimbledon 1-0 earlier in the season and I'll take that result all day long again with us.

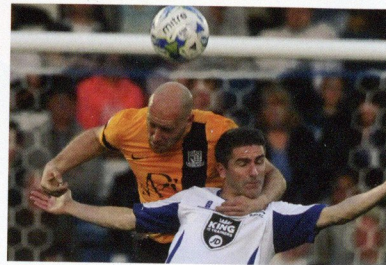
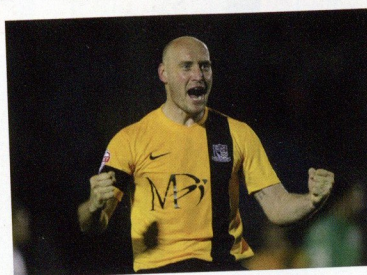
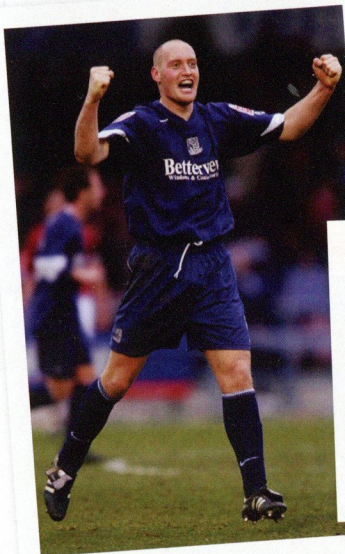
"You make your own luck and if you want to win titles or promotion you need to dig in and get results.

"There are times you have to scrap and fight and we've gone to tough places like Exeter and Bury and got what we wanted. We've had to win ugly and ride the storm out in both games at times but we've shown brilliant resilience.

"We stood firm in both games, worked hard and the desire and effort was there. To come away with six points is a fantastic achievement.

"When I was at the Club first time





around I had so many great days at Roots Hall and I get the feeling the feel good factor is back again."

Back in the side, the Barrett and Cian Bolger partnership has worked wonders for Phil Brown, with the momentum gained from the winning run proving crucial in the home straight of this 2014-15 season.

And Barrett is pleased with how it's going alongside Cian, with Bolger himself admitting he's learning alongside the more experienced centre back.

"I always knew what I could do and it was frustrating for me and Cian being out of the team.

"I like to think I'm showing what I can do, and I think the fans know my strengths from my first stint here.

"Playing for the Club means a lot to me. I'm delighted for Bolg [Bolger] as well. He's had a difficult time and he's needed a bit of help.

"He's a good player and I try and talk to him. He has all the attributes to be a top centre half. Hopefully it can stay as it is in defence with me and him until

the end of the season."

Out of contract in the summer and talk of retirement a couple of months ago, Barrett admits today's game against Luton could



be his last at Roots Hall, depending on the situation in the summer.

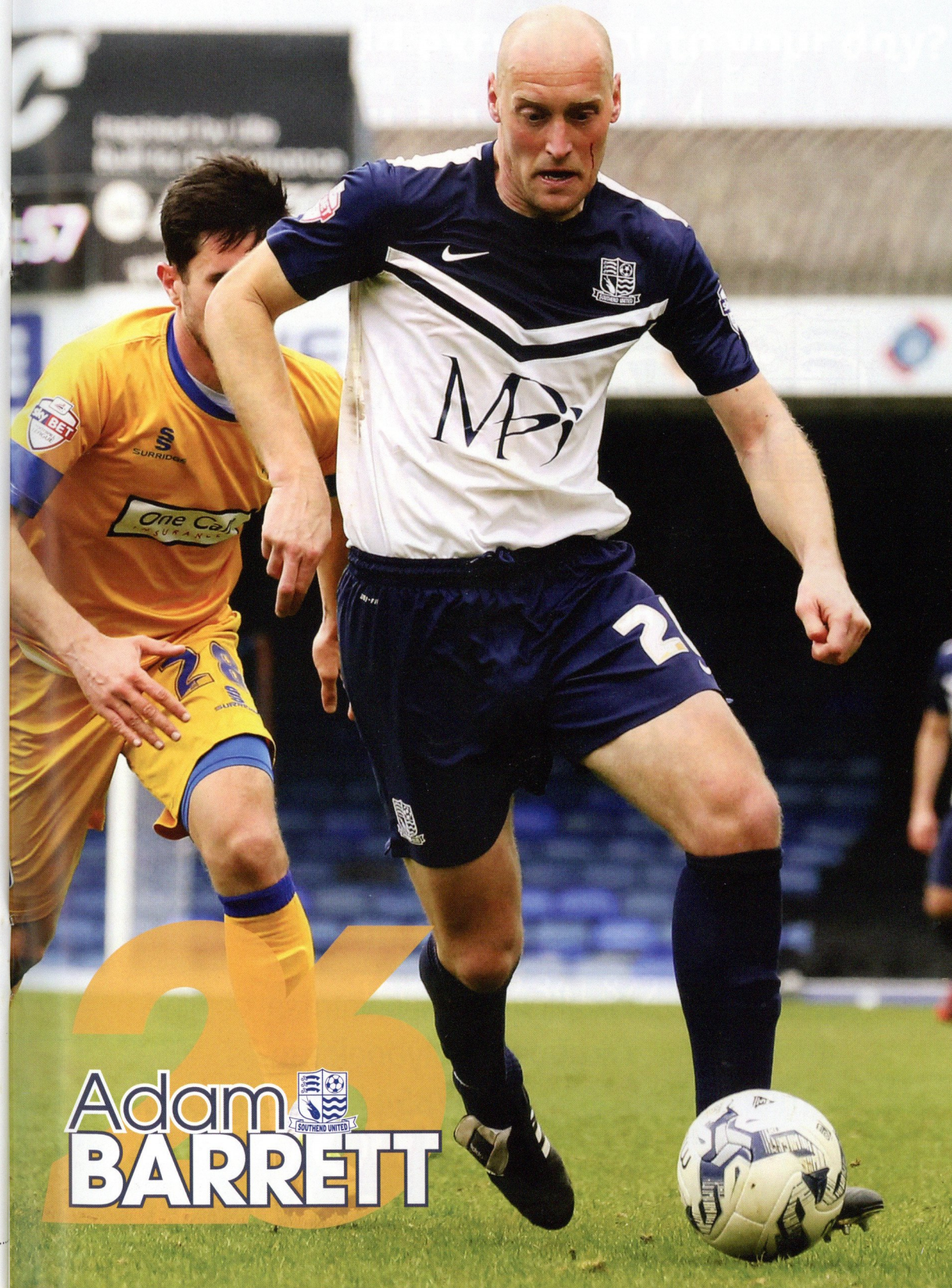
"It could be," Barrett says when asked if it'll be his final home match for the Blues.

"I still have a lot to offer, as I say, it gets the fire in the belly going again. It's down to the management team. I'll sit down with the management team and see what happens. It could be my last game at Roots Hall.

"I've said I don't want to play anywhere else. I have a job to do now and will enjoy Saturday. It could be a special moment and it could be my final home game.

"I've been lucky enough to be involved in promotions before and to do it again would be my third at the Club. All promotions are special and to get another one back at Southend would mean everything – especially at this stage of my career.

"Wycombe are still in the driving seat. They lead on goal difference, but if we can get the result on Saturday it would be great to take it to the last game of the season and see what team has the bottle."



Adam  **BARRETT**



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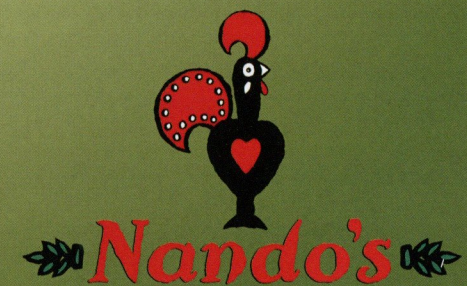
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## A BLUE TO REMEMBER

WE CONTINUE OUR LOOK THROUGH DAVE GOODY AND PETER MILES' BOOK '100 SOUTHEND UNITED GREATS' IN THIS ISSUE OF BLUES. WE NOW HAVE AN IN DEPTH GLIMPSE AT A FORMER BLUE, WHO HAS ALSO PLYED HIS TRADE IN AMERICA AND GERMANY IN HIS CAREER. THAT MAN IS **MIKE LAPPER!**

Mike Lapper was born in California in 1970 and was a member of UCLA's 1990 NCAA Division One championship-winning team, before being selected for the All-America first team in 1991.

He made his international debut for the United States in April 1991, against South Korea in Pohang, and was an ever-present in the national side that participated in the 1992 Olympic Games in Spain.

From January 1993, many US internationals were contracted exclusively to the United States Soccer Federation in preparation for their host-Soccer Federation in preparation for their hosting of the 1994 World Cup finals.

Instead of being sidetracked by club matches, they solely played international fixtures and Lapper soon clocked up 44 caps.

Lapper was selected for the 1994 World Cup squad, but lost his place in the starting XI at the last minute to the emerging Alexi Lalas.

After the World Cup, Lapper moved to German Second Division outfit VfL Wolfsburg, for whom he scored on his debut.

At the end of the 1994-95 season, he briefly returned to the US before joining Southend United in July 1995.

He made his debut in the opening game of the 1995-96 season, a 2-4 defeat at Portsmouth.

A tall and commanding centre back, Mike soon became a favourite at Roots Hall with his brash, no nonsense approach to defending. His Southend career was put on hold after breaking his leg during a 1-0 Boxing Day victory over Norwich City. It was to cost him the remainder of that campaign.

He had a less spectacular season during the 1996-97 season, and, after a dispute over alleged unpaid transfer fees with the USSF, Lapper returned to the States in the summer of 1997.

The newly instigated Major League Soccer was recruiting players, and Lapper joined Columbus Crew, whom he led to the play-offs whilst making 20 appearances and scoring one goal.

Unfortunately the 1998 season was another curtailed by injury, with a torn Achilles tendon restricting Mike to only seven games.



The 1999 campaign proved to be much better, with Lapper making 31 appearances having fully recovered from surgery to repair his troublesome Achilles.

Mike was a popular and active member of the church community whilst in the Southend area, always giving to those he felt were less fortunate than himself.

On his return to America, he gave his car to the church so they could sell it to raise funds.

As a Blues player, he will probably be best remembered for his quirky off-the-wall column, 'Lapper's Patter' in the local paper.

He also left his mark at Roots Hall, being the first player to wear flip-flops during leisure time to reduce wear and tear on the feet – a practice that has been adopted by many Blues players since.

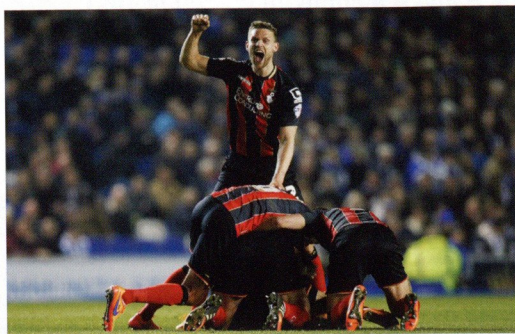
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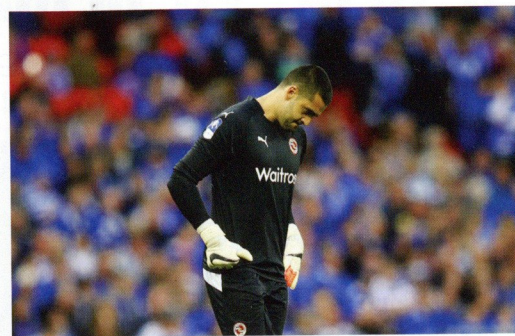
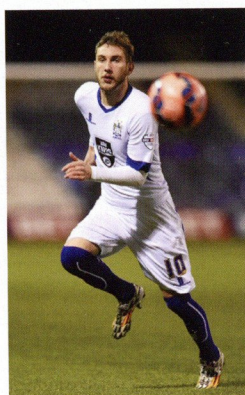


## SIMON FRANCIS

The defender was sent off as Bournemouth's promotion charge from the Championship was halted by Sheffield Wednesday at the Goldsands Stadium. 'Franno' played over 150 times for Southend United between 2006 and 2010 after arriving from Sheffield United. He began in the youth teams with Nottingham Forest and Notts County before agreeing a professional deal with Bradford City in 2002, playing 55 times for the Bantams in two years before moving to Sheffield United in 2004. After loans with Grimsby Town and Tranmere Rovers, Francis moved to Roots Hall. He enjoyed a couple of promotions with Southend during his time with us before moving to Charlton Athletic in July 2010. He was in and out of the side, and after a loan with Bournemouth, made it a permanent stay on the south coast, and has played over 130 times for the Cherries so far. Another ex-Blue, in Caolan Lavery also played in the game, for Sheffield Wednesday.

## DANNY MAYOR

Winger Danny was voted as the Sky Bet League Two Player of the Year last week. The current Bury man has been in fine form for the Shakers this season and played against Southend on Tuesday evening at Gigg Lane. Originally on the books of Preston North End, Mayor broke through from the youth ranks with the Lilywhites and made an impressive start to his career. His form with Preston alerted other clubs and the winger moved to Sheffield Wednesday in 2012. He was contracted to Wednesday for two years, but things never really worked out for Mayor, who played just eight games for the Owls during his time with the club. He played five games during a loan spell with Southend back in 2013 but failed to score. Last season was much better for Mayor, with the forward playing 29 times, scoring five times. The 23-year-old has been a regular again for the Shakers and has eight goals so far this term.

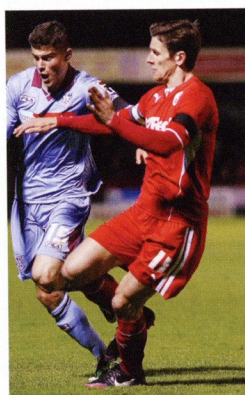


## ADAM FEDERICI

The former Southend loanee was in the news recently, as his costly error saw Reading cruelly miss out on a potential place in the FA Cup Final. The big Australian allowed Alexis Sanchez's strike to squirm underneath him and over the line, as the Royals lost 2-1 to Arsenal in the semi-final at Wembley Stadium. However, the 30-year-old Federici produced a series of smart stops to deny the Gunners prior to his error. The goalkeeper played ten times for Southend United in 2008 after joining from Reading. He since returned to the Medejski Stadium and has appeared over 200 times for the club since arriving in Berkshire in 2005. Before making the switch to Roots Hall, Federici spent time on loan with the likes of Maidenhead United, Northwood, Carshalton Athletic and Bristol City.

## JOSH SIMPSON

The midfielder marked a winning return to the Crawley Town lineup after spending the last six months on the sidelines at the Checkatrade Stadium. Simpson last played for the Reds in an FA Cup clash at Yeovil Town in November 2014. Simpson spent half a season on loan at Southend in the 2010-11 season, and totalled 17 appearances on a temporary deal from Peterborough United before moving to Crawley on a permanent deal in January 2011 for an undisclosed fee. The Harlow-born midfielder began his career with Cambridge City, and after 19 appearances for Cambridge United, returned to his first club. A move to Histon followed in 2008, where he impressed – scoring 12 goals in 49 games – before joining Peterborough on loan and then permanently. The 28-year-old has played over 150 times for Crawley since his arrival at the club.



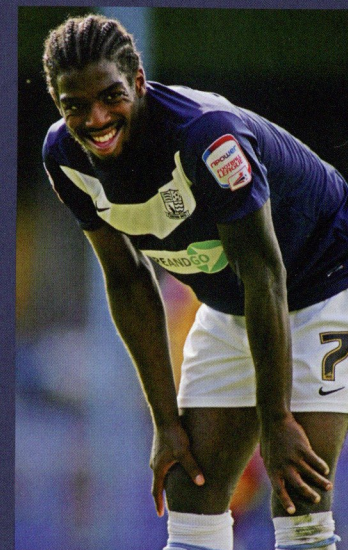
# THEY PLAYED FOR BOTH

WE TAKE A LOOK AT FOOTBALLERS WHO HAVE REPRESENTED BOTH SOUTHEND UNITED AND TODAY'S OPPONENTS – LUTON TOWN



## ANTHONY GRANT

Anthony Grant (right) was a regular during his time at Southend United, playing over 150 times for the Blues after joining in 2008 and departing Essex in 2012. The former Chelsea youngster initially joined Southend on loan, but before then, played four times for Luton during the 2007-08 season in a similar deal. After loans with Oldham Athletic and then Wycombe Wanderers, Grant made the move to Luton before Blues. Leaving Southend in 2012, Grant moved to Stevenage on a free transfer, and played 41 times for Boro before heading north to sign for Crewe Alexandra. He been playing for the Alex ever since, and the former England under-16, under-17 and under-19 international has appeared 65 times for the Chechire outfit so far.



and then Luton Town in 2005. After leaving Southend, where he failed to score in eight loan appearances, Morgan went on to play for the likes of Crewe Alexandra, Leyton Orient, MK Dons, Chesterfield, Oxford United and 62 times for Wycombe Wanderers, amongst others. Dean joined Sky Bet League One side Crawley Town from Woking in January 2015. Dean made 88 appearances for Luton during four years with the Bedfordshire side, scoring 11 times for the Hatters.

## LEE NOGAN

A striker with an eye for goal, Lee Nogan had two loan spells with Southend United. The Cardiff-born frontman began his career at Oxford United, and after a loan spell with Brentford, Nogan joined Southend on a temporary deal, playing six times and scoring once for the Blues in 1987. Joining Watford in 1991, he bagged over 20 goals in just over 100 games for the Hornets, and during his time with the Hertfordshire outfit, played five times on loan at Southend again. Moves to Reading, Notts County, Grimsby Town, Darlington and Luton Town – where he played seven times – before joining York in 2001. He spent five years at the Minstermen, playing close to 200 games for the club before joining Whitby Town and then FC Halifax Town as a player. The 45-year-old is now assistant manager at Halifax.

## CAULEY WOODROW

Beginning his career at Luton Town, Woodrow didn't make an appearance for the Hatters as a professional, as Fulham signed him for a six-figure fee. He struggled to get into the side at the start, but a loan move to Southend during a part of last season helped the youngster get game time under his belt. He totalled 19 appearances for Southend and upon returning to Fulham, played games in the Premier League. However, Fulham were relegated from the top division and he has played regularly in the Championship this season for the Whites.

## DAVE MARTIN

Winger Dave Martin spent the 2012-13 campaign with Southend, playing over 30 times and scoring four times. Born in Erith, Martin started out at Brighton & Hove Albion before dropping into non-league with Slade Green and Dartford. He joined Crystal Palace in 2007, but after a season moved on to Millwall. He impressed at the Den during two years with the club and was a regular in the team, scoring nine goals. Derby took him on loan with a view to a permanent deal, which was signed in 2010. He struggled to break into the Rams team and spent time away from Pride Park at Notts County and Walsall on loan before moving to Southend in 2012. Leaving the Blues on a free transfer in 2013, Martin moved to Luton, spending two years with the Hatters, and during his spell, took in loans at Darford and Bristol Rovers on loan before joining Stevenage on a free transfer.

spent a season with Cambridge, scoring twice in 25 games for the U's. Born in Nottingham, Ian came through the youth team at Sheffield United, and ended up playing five times for the Blades, scoring three times before joining West Bromwich Albion in 1979. He struggled to break into the team and in 1982 arrived at Notts County, but didn't stay long with the Magpies and signed for Peterborough United later that year. A much travelled striker, Benjamin also took in spells at Northampton Town and Chester City prior to arriving at Southend, and afterwards played for Luton Town and Brentford, before hanging up his boots at Wigan Athletic in 1996. Ian currently works as a commentator for BBC Northampton, and returned to Southend when the Cobblers came to Roots Hall earlier this season.

## DEAN MORGAN

A former Southend United loanee during the 2007-08 campaign, Dean actually moved to Roots Hall on loan from Luton Town. Dean came through the Colchester United youth system, before turning professional in 2000, spending three years at the club before joining Reading

## IAN BENJAMIN

A real Southend United cult hero, Benjamin played almost 150 times for Southend in two years after arriving from Exeter City in 1990. However, three years prior to his arrival in Essex, the big striker



www.shrimperstrust.co.uk

# SHRIMPERS Trust

**G**ood afternoon and welcome back to Roots Hall from all at the Shrimpers Trust for today's crucial Sky Bet League Two fixture against Luton Town.

What a fantastic run the Club have been on during the last month! We've now got just two more scheduled matches to go this season and, thanks to six consecutive victories, there's still a chance that Southend United could win automatic promotion. Of course, we may very well need to win both of our remaining games to do so, and Luton arrive here with promotion aspirations of their own. It doesn't get any bigger than today's match, so get right behind the boys in blue this afternoon!

The support that the side have been given on road this season has been phenomenal once again, especially over the past week with lengthy trips to Exeter City and Bury. The final scheduled League Two fixtures take place next Saturday, and you can travel to watch the team at Morecambe with the Trust. Check out the details elsewhere on this double-page spread or visit our website, [www.shrimperstrust.co.uk](http://www.shrimperstrust.co.uk), for further information.

Our 2014/15 Season Player of the Year Awards evening takes place this Tuesday, 28th April 2015, in the Shrimpers Bar here at Roots Hall with doors opening at 7.00pm for an 7.30pm prompt start. The event will be hosted by Blues goalscoring legend and current matchday host David Crown. Admission is free to all Trust and Junior Blues Members and tickets will not be issued, but membership



details will be checked at the door.

This season the Annual Shrimpers Trust POTY Awards will include the Junior Blues Player of the Year, Goal of the Season (Martin Cranmer Memorial Cup) and the Shrimpers Trust Youth Team Player of the Year, with the winner receiving the Tom Grace Memorial Shield.

This year's Awards Evening will also include a review of the 2014/15 Season put together by Scott Wallace from SX Sports Media Film Production. Thanks to Scott for putting this together. Player of the Year and Goal of the Season Voting Forms have been sent out to all members either by post or via our ezine. We'll have a report and pictures on our website later in the week.

Thanks to everyone who has attended our fundraising functions throughout the 2014/15 season; you're valuable assistance is crucial to us being able to operate. We have one last fundraising event tonight when our fourth and final Quiz Night of the season takes place.

As is customary at this time of year, I'd also like to personally thank the club's Media Manager, Warren Lucy - as well as his predecessor, Tom Biggs - for providing us with these pages

in the official matchday programme each week in order to communicate with a broad range of Southend United supporters.

Don't forget that you can head over to our website, [www.shrimperstrust.co.uk](http://www.shrimperstrust.co.uk) for all the latest news from the Trust. Members can now access the minutes of our recent Committee Meeting and Liaison Meeting Minutes with Southend United FC, whilst there is also information on all our upcoming events and fundraising schemes. There are also full match reports from Blues' Under-18s fixtures and profiles on the players coming through.

We always appreciate feedback from Southend United fans, so don't forget that you can come and visit us in the Shrimpers Bar before any home matchday, or you can email us at [info@shrimperstrust.co.uk](mailto:info@shrimperstrust.co.uk).

There's a 'Contact Us' section on our website if you have a specific enquiry, or you can still write to us via Shrimpers Trust, PO Box 5830, Southend-on-Sea, SS1 9FD. We look forward to hearing from you.

Enjoy today's match and have a safe journey home!

**Robert Craven**  
Shrimpers Trust committee

## away travel

### MORECAMBE

Saturday 2nd May 2015

ROOTS HALL 7.00am

The ELMS 7.10am

HADLEIGH CHURCH 7.15am

TARPOTS CORNER 7.25am

The WATERMILL 7.40am

FORTUNE of WAR 7.50am

Adult Members £27.00 - Non Members £30.00

Junior Shrimpers, Concession & Student Members £27.00 - Non Members £30.00

\*To book, call 07892 905 338, visit [www.shrimperstrust.co.uk](http://www.shrimperstrust.co.uk) or come and see us at the Trust stand in the Shrimpers Bar on any home matchday.

## quid-a-goal

PLEDGES for the 2014/15 season Quid-A-Goal scheme have already started to come in and it is hoped that we will beat the total raised last season.

We would like to thank the following people who have pledged to support the scheme this season:

Angie Abdirrahman, Bancroft Gardens Limited, Jack Broadbent, Reg Burton, Chris & Marion Cave, Gary Collinson, John Cooper, Brian Cornell, Terry Cornell, Gary Cotton, Peter Cowell, Ian Crossman, Andrew Crowe, Brian Denton, Chris Diani, Alec Hitchman, Marc Hitchman, Penny Hitchman, Darren FitzGerald, Helen FitzGerald, Paul FitzGerald, Kay Fogg, Tony Gardener, Roy Grout, Colin Harris, Graham Hilder, Brian Illsley, John Illsley, Raymond

Johnstone, Patricia Kirby-Johnston, Ron MacKenzie, Michael Marksheffel, Bryn Martin, David Mason, Russell McWilliams, Robert Melton, Andrew Moorhouse, Peter Moorhouse, Steven Oakley, David Oldbury, Ken Page, Alan Perry, Andrew Perry, Amy & Matt Pryce, Guy Rickard, Mike Roles, Norman Sale, Duncan Sheekey, Edward Short, Leo Sinden, Michael Smith, Alan Stivey, Paul Stratford, Jordan Stringer, Andrew Styles, June Sweeney, Alec Troft, Phil Truscott, Andy Turner, David Tuttlebee, Frank Van-Wezel, Nick Vinson, Sheila White, Rebecca Wiseman, Simon Woolmer, Robert Wright, Paul Yeomanson.

**Application forms and further details are also available to download from the Trust website, [shrimperstrust.co.uk](http://shrimperstrust.co.uk).**

## trust events

### SHRIMPERS TRUST PLAYER OF THE YEAR NIGHT

Tuesday 28th April

Venue: The Shrimpers Bar, Roots Hall, Southend-on-Sea

Time: 7.00pm

Cost: free (Shrimpers Trust members only)

\*For more details about upcoming events, please visit [www.shrimperstrust.co.uk](http://www.shrimperstrust.co.uk)



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**#BradfordFire30th**



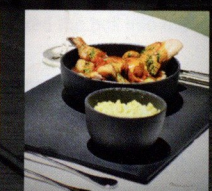
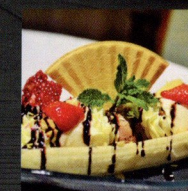
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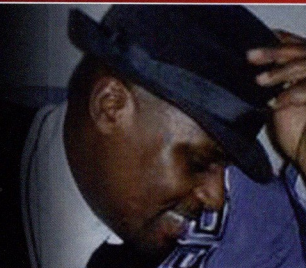
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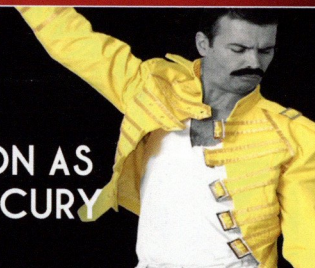
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BEN CLARKSON,  
SOUTHEND UNITED HEAD PHYSIO

Ten years on: 2004-05

TEN YEARS ON FROM SOUTHEND UNITED'S LEAGUE 2 PLAY-OFF TRIUMPH AT THE MILLENNIUM STADIUM, SOUTHEND ECHO REPORTER **CHRIS PHILLIPS** RECALLS THAT MEMORABLE SEASON AT ROOTS HALL THAT WILL LIVE LONG IN THE MEMORY OF ALL BLUES SUPPORTERS...

**SOUTHEND United were unable to bounce back from their LDV Vans Trophy final defeat to Wrexham as they sunk to a 1-0 reverse against Leyton Orient at Roots Hall.**

The game saw Blues surrender their 2005 unbeaten home record as the O's bagged the only goal of the game after 22 minutes when a Matt Lockwood corner was headed home at the far post by John Mackie for his fourth goal of the season.

Southend pressed for an equaliser but were unable to find a way through as the visitors put men behind the ball and were happy to go only go forward on the break.

Adam Barrett had a good chance to put the Blues in front early on when he raced onto a Kevin Maher free kick but could not get his shot on target. Orient keeper Lee Harrison also made two vital interceptions to deny Wayne Gray and Mark Bentley in the second half.

And there was fury from Blues fans when Mackie ended a fine run from Gray with a foul that went unpunished by referee Phil Dowd.

However, Southend were able to secure a vital victory in their next outing, winning 2-1 at Macclesfield Town. On loan midfielder Alan McCormack bagged both of Blues' goals with the first strikes of his career. And he was delighted to have helped Steve Tilson's side pick up all three points against the Silkmen.

"They are the first goals I've got in the senior game so I'm obviously really pleased, especially as they came in such a massive match for us," said the Irishman,

"Both times I went through I just got my head down and concentrated

on hitting the target, so it was great to see them go in because I've been working hard on my shooting in training."

Former Blues defender David Morley put the hosts in front after 28 minutes, but McCormack got the Shrimpers back on terms three minutes later.

And he struck again in the 90th minute as a draw looked on the cards to send the 599 travelling fans into wild celebrations.

But Southend were unable to build on the victory as they sunk to second in the table with a 2-1 defeat at Oxford United. Yeovil's 1-1 draw at home to Wycombe saw them return to the top on goal difference after Blues failed to impress at the Kassam Stadium. Craig Davies put Oxford in front in the 20th minute when he hit home Chris Hackett's cross from close range.

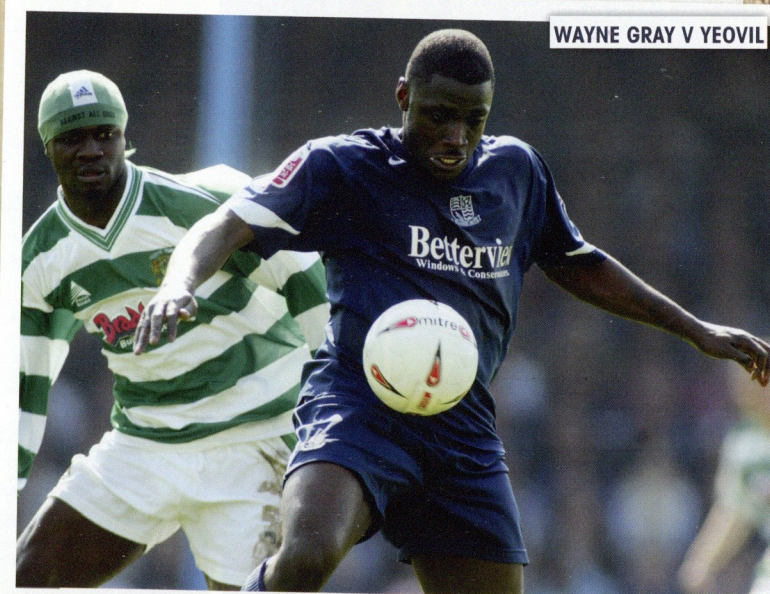
The U's doubled their advantage five minutes before half-time when former Southend striker Tommy Mooney found the back of the net from the right hand side of the six-yard box.

Southend's top scorer Freddy Eastwood gave Blues some hope on the hour when he pulled a goal back but Steve Tilson's men were unable to level. Things then go even worse for Southend as they slipped to a 1-0 defeat at home to promotion rivals Yeovil Town as Phil Jevons bagged a late goal for the Glovers.

The striker scored his 28th goal of the season on 83 minutes when Aaron Davies' deflected shot fell to him and he stroked the ball into the empty net.

A cagey opening half had earlier seen neither side able to make the breakthrough. Yeovil keeper Steve Collis was generally the busier of the two custodians, but Southend failed to convert their chances.

They were eventually made to pay as Jevons' goal put the Glovers three points clear of the Blues, who are now only ahead of Swansea in the automatic promotion berths on goal difference. That left victory away to Grimsby Town on the final day of the season imperative if Steve Tilson's men were to be assured of avoiding the play-off lottery.





# FIRST TEAM KIT SPONSORS 2014/15

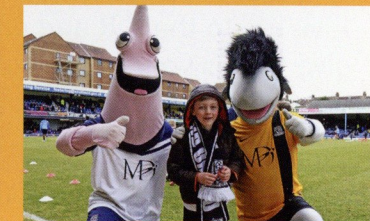


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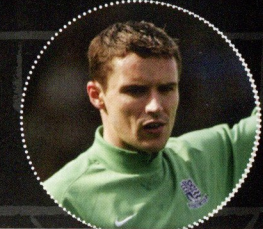
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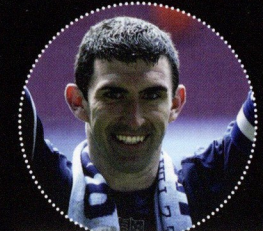
# MY TOP 5

SOUTHEND UNITED FAN JASON JAY - A SUPPORTER OF THE BLUES FOR 25 YEARS - PICKS HIS FAVOURITE FIVE-A-SIDE TEAM JASON SITS IN THE EAST STAND AT ROOTS HALL FOR GAMES.



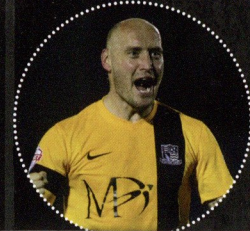
DARRYL FLAHAVAN

Agile, quick and a superb shot-stopper. He single handedly (excuse the pun) won us many points with his wonder saves and was a vital member of our most successful years. 'Flavs' enjoyed a special bond with the Roots Hall crowd and was a real fans' favourite.



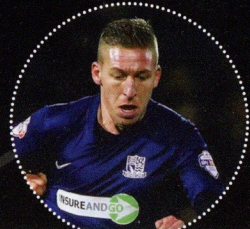
KEVIN MAHER

Another great leader and is the Club's most successful captain. Maher became a class act and was a real unsung hero. Maher would sit in the hole whilst allowing the others to play in front of him. He would keep the team ticking over and was a threat with his set pieces.



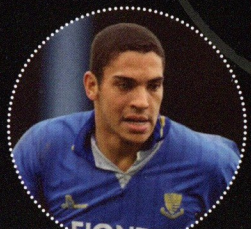
ADAM BARRETT

Quite simply Mr. Southend, I'm sure he bleeds Blue. Barrett would skipper my side as he naturally boasts raw passion and leadership. He has quick feet for a defender, is defensively class and a real attacking threat both aerially and with those forward bursts.



FREDDY EASTWOOD

Goals, goals, goals. Club legend Freddy could conjure up a goal out of nothing and always performed on the big stage. Freddy had that rare magical ability that meant your side is always in the game. His skill, power and finishing ability make his inclusion a no brainer.



STAN COLLYMORE

An absolute class act with his powerful runs and he was simply unplayable during his special year with the Blues. Stan is arguably the greatest player to play for our club and warranted more international caps than he won. He holds a special bond with Southend and has never forgotten us.



# Away Day Review

Season Review  
By Scott Barber

As the curtain falls on the last home game of the season, we stand a very good chance of automatic promotion this campaign, after our recent good form.

The six wins on the bounce, and seven clean sheets is quite remarkable, and it does make for a good final push.

In my half season review at the turn of the year I touched on some of the high points and low points from the first half of the campaign, so in this final review I will talk about my highs and lows from January onwards.

For anybody that knows me, I am always the optimist, always believing that Southend can win a game no matter who we are playing and what the squad situations are like, many of you make a running joke about my rose tinted glasses I tend to wear.

However I am hardly ever wrong and I always believe in supporting the players through thick and thin, we are UNITED together and even if we play bad, the last thing the players want to see is a load of silly comments and abuse plastered all social media formats.

I admit at some games I have been left wondering 'what might have been?' and 'we should have had this game wrapped up by now,' but that is what we all love about the game deep down.

It is just so unpredictable. In the second half of the season there hasn't been too many down moments in my opinion. We through the game away at Stevenage in terrible fashion and I do

feel that was our worst collapse of the season.

We should have done better away at Burton after dictating the first half and coming up against ten men - which I admit isn't easy.

The late goal we conceded at home to Wycombe cost us another couple of points, but if they are all we have to grumble about in the season, it can't have been too bad could it?

Now for the plus points, the fine defensive record we hold, and the new club record holder for clean sheets.

Mr. Dan Bentley came under fire for ONE mistake earlier in the season but other than that he has been phenomenal. To see a youth team graduate pull off the commanding displays he has this season is incredible and especially as he has played behind several centre-half pairings it is a testament to himself and the whole team.

The return of Adam Barrett has also been a major plus point. He did struggle to break into the side originally after his move from Gillingham, despite his displays for AFC Wimbledon, earlier in the season. He has played a huge part in the clean sheets recently and the great run in form, but his presence around the club seemed to have lifted everybody's spirits none more so than Cian Bolger.

That young man has since a total change in his Blues performances, and after a poor start, he looks a solid centre-half and what a pairing those two have become at the back. Surely Adam has another season in him doesn't he Mr. Brown? I believe many Blues fans have been thinking the same after recent performances - what a key man.

So no matter what the result today or the outcome of the whole season we have to stick together, you have got to remember these boys never go out there to play poorly, you cannot ever question their work rate and attitude because this bunch of players we have got now has a great mixture of youth and experience in every single position on the pitch one of the better squads - as a whole - I have ever seen in my 15 years of coming to Roots Hall.

So wear your colours with pride, sing your heart out, and whatever will be will be.

I am almost certain that we will be a League One club next season, because that is where we belong, at the very least.

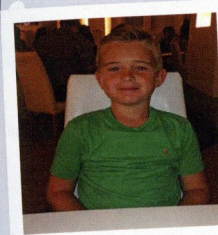
Up The Blues!



# Junior blues



## Today's mascots



**HARVEY SEAMAN** is age 10 today and his favourite player is goalkeeper Daniel Bentley. Harvey's hobbies include football, tennis, diving and playing Fifa on his Xbox.



**HARVEY WILLSON** turns 9 today and his favourite Southend player is Daniel Bentley. Harvey enjoys football, swimming and Xbox.



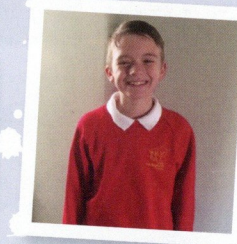
**ELLIOT DARKIN** is 6 and his favourite Blue is striker Barry Corr. Elliot enjoys watching Southend United, playing football, reading and Beavers.



**SAMUEL TARBARD** is 8 and he's a big fan of left back Ben Coker. Samuel enjoys playing football and watching football.



**ASH COLLINS** is aged 7 and his favourite player is Michael Timlin. Ash enjoys football, reading, Lego and video games.



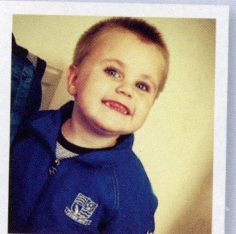
**HENRY COHEN** is 9 and his favourite Southend United player is Myles Weston. Henry enjoys football, rugby, playing Xbox and playing with friends.



**CHAY SIGGERS** is age 12 and his favourite player is David Worrall. Football, Football, Football and Basketball.



**ALEX PRICE** is aged 12, and he doesn't have a favourite player - he loves all of them! Alex spends his time watching the Blues, watching wrestling, darts and playing Xbox.



**JAYDEN SMITH** is aged 3 and his favourite players are John White and Ben Coker. Jayden's hobbies are watching Southend and being with his brother Josh and godfather uncle Scott at football.

Good afternoon to all the young Blues here at Roots Hall, as we take on Luton Town in Sky Bet League Two.

The players have been superb recently and have been on an unbelievable run, and what a big win it was against Bury on Tuesday night!

It's the last home game of the season today - what have been your favourite home matches this season? We both think the lads will turn on the style today and win 2-0 with goals coming from Cian Bolger and Barry Corr. What are you predicting? We have a number of mascots for today's big game and we hope they have a great time here at Roots Hall.

COME ON YOU BLUES!

Elvis & Sammy





# ACTION REPLAY



Saturday 18th April, 2015

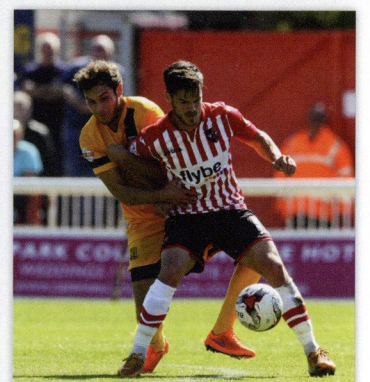
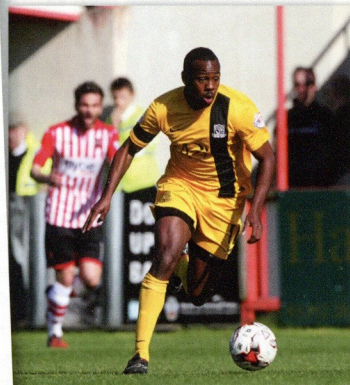
St James Park

Sky Bet League 2

**EXETER CITY 0**  
**SOUTHEND UNITED 1**  
 TIMLIN (90)

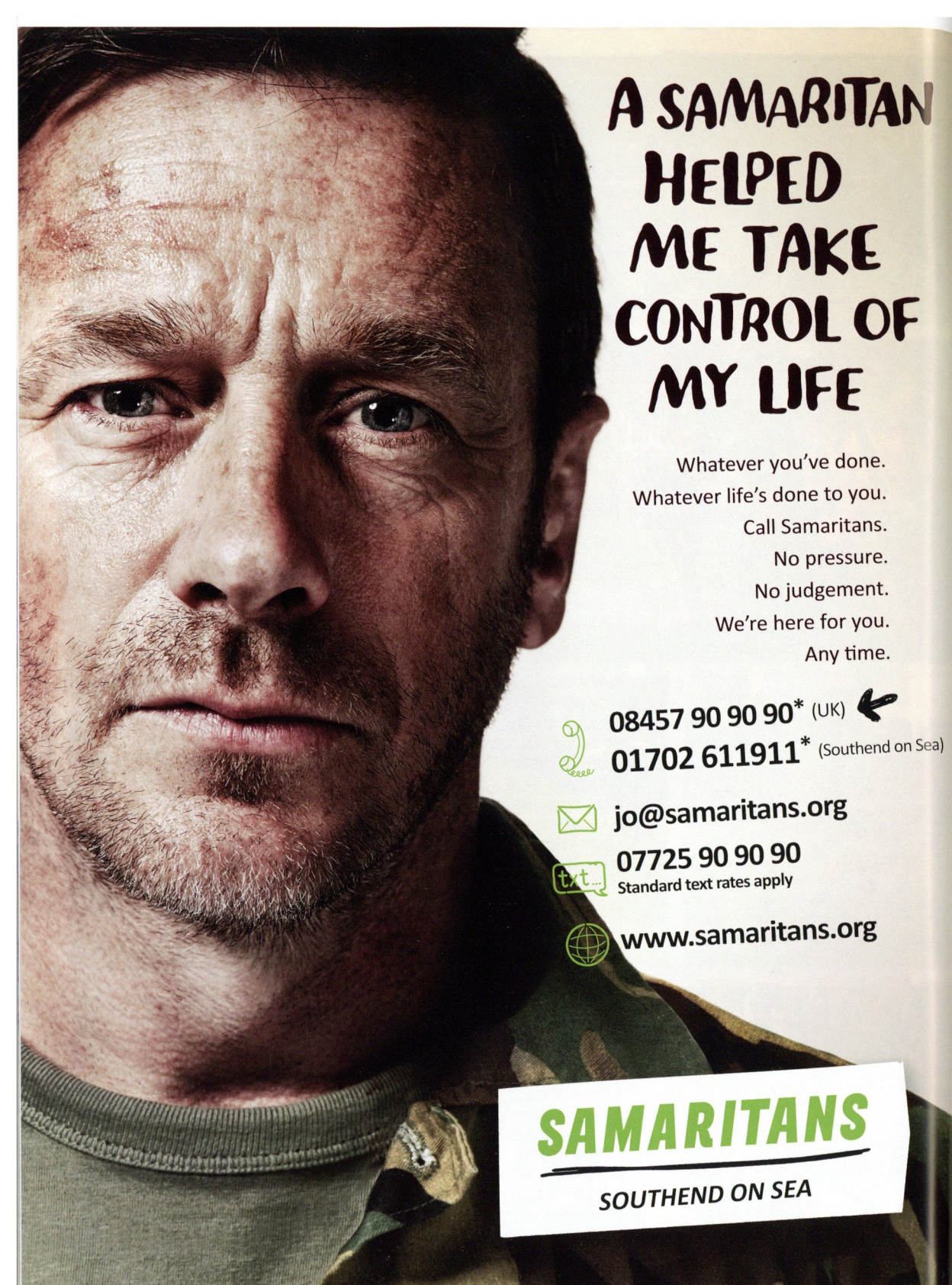
Referee: Mr Darren Handley

Att: 4,039




MATCHSTATS	
Possession	
48	52
Shots on target	
2	2
Shots off target	
6	8
Saves	
2	1
Corners	
4	3
Fouls conceded	
10	7







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# Morecambe

on the road

 Globe Arena

Saturday 2nd May 2015 | 3pm

MORECAMBE  
Globe Arena  
Christie Way, Westgate  
Morecambe LA4 4TB  
Capacity: 6,476

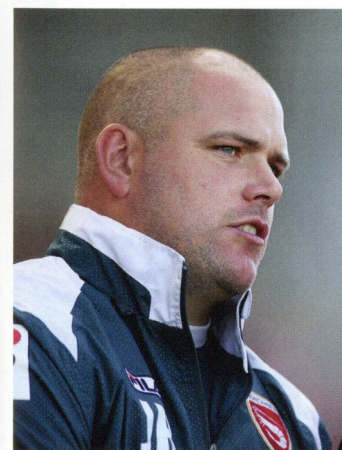


### The Lowdown...

It's been a decent season for the Shrimps, who started the campaign off like a train – winning their opening four games of the season in the league.

They also had success in the JPT, knocking out local rivals Fleetwood Town at the first hurdle before being knocked out by Bury.

Comfortably in mid-table at the moment, the Shrimps have registered some impressive wins along the way, against Bury in the league, Burton Albion and Luton Town, and face a trip to Wycombe Wanderers this afternoon.



### The Manager...

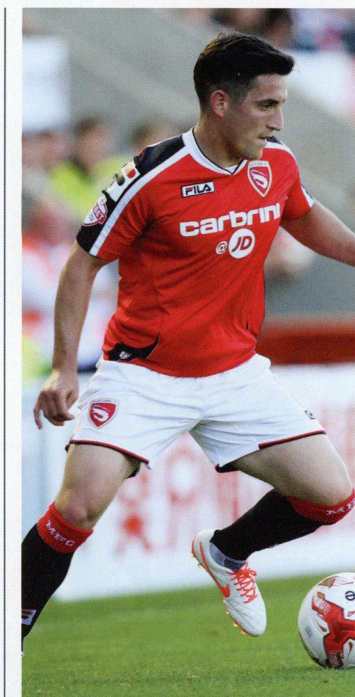
#### JIM BENTLEY

A former Morecambe player and captain, Jim Bentley was appointed Shrimps boss in 2011, after spending nine years as a player at the club. The Liverpoolian started his career with Manchester City's youth team but dropped into non-league following his release from the Citizens and joined Telford United in 1997. He spent five years with Telford and totalled 161 games for the club before heading north to sign for Morecambe in 2002. Bentley enjoyed great success during his time as a Morecambe player and helped the club into the Football League in 2007, captaining the side to promotion via the Conference play-offs. He agreed a new two-year deal with the Shrimps in 2013 to remain as manager.

### Key Man...

#### JACK REDSHAW

A diminutive striker with pace, Jack Redshaw is a former Manchester City youth team player after joining the club in 1999 as a nine-year-old. He turned professional with the club in 2008 but failed to make an appearance during his two years as a pro. He spent the 2010-11 season at Rochdale but only played three times for Dale. He then joined hometown club Salford City before moving on to Altrincham, scoring eight times in 15 games, alerting the attentions



of Morecambe. He joined the Shrimps in 2012 and has scored almost 50 goals in just over 115 games.

### Tickets

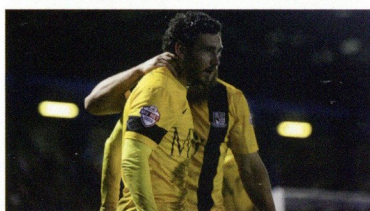
Ticket details for the game at the Globe Arena can be found on page eight of this matchday programme.

@SUFCRootsHall: SouthendUnitedFC

[www.southendunited.co.uk](http://www.southendunited.co.uk) 61



Blues Goalscorers 2014/15			
Player	League	Cups	Total
1 Barry CORR	14	1	15
2 Jack PAYNE	5	2	7
3 Joe PIGOTT	6	0	6
4 David WORRALL	6	0	6
5 Shaquille COULTHIRST	4	0	4
6 Ryan LEONARD	3	1	4
7 Conor CLIFFORD	2	0	2
8 Myles WESTON	2	0	2
9 Will ATKINSON	2	0	2
10 Michael TIMLIN	2	0	2
11 Ben COCKER	1	0	1
12 Kevan HURST	1	0	1
13 Cian BOLGER	1	0	1
14 Stephen McLAUGHLIN	1	0	1



league 2 positions

TEAM	P	HOME					AWAY					GD	PTS
		W	D	L	F	A	W	D	L	F	A		
1 BURTON ALBION (P)	44	15	4	3	31	12	11	6	5	32	24	+27	88
2 SHREWSBURY TOWN	44	17	4	1	43	9	9	4	9	23	20	+37	86
3 WYCOMBE WANDERERS	44	10	7	5	30	24	12	8	2	34	18	+22	81
4 SOUTHEND UNITED	44	11	8	3	23	9	12	4	6	28	26	+17	81
5 BURY	44	13	3	6	31	20	11	4	7	26	20	+17	79
6 STEVENAGE	44	14	3	5	36	23	5	9	8	25	29	+9	69
7 PLYMOUTH ARGYLE	44	12	6	4	31	12	6	5	11	19	23	+15	65
8 LUTON TOWN	44	12	4	6	35	19	6	7	9	17	24	+9	65
9 NEWPORT COUNTY	44	9	7	6	30	24	8	4	10	19	29	-4	62
10 NORTHAMPTON TOWN	44	13	2	7	37	24	5	5	12	27	32	+8	61
11 EXETER CITY	44	7	8	7	28	28	9	5	8	30	34	-4	61
12 MORECAMBE	44	7	6	9	23	27	8	6	8	26	24	-2	57
13 AFC WIMBLEDON	44	10	7	5	33	24	4	8	10	20	33	-4	57
14 DAGENHAM & REDBRIDGE	44	8	3	11	26	26	8	5	9	27	31	-4	56
15 OXFORD UNITED	44	6	9	7	25	24	7	7	8	22	25	-2	55
16 PORTSMOUTH	44	11	5	6	33	22	2	9	11	16	30	-3	53
17 ACCRINGTON STANLEY	44	9	6	7	31	31	5	5	12	25	41	-16	53
18 CAMBRIDGE UNITED	44	7	5	10	32	30	6	7	9	27	31	-2	51
19 YORK CITY	44	5	10	7	16	19	6	8	8	29	29	-3	51
20 CARLISLE UNITED	44	9	4	9	32	34	5	3	14	21	36	-17	49
21 MANSFIELD TOWN	44	10	5	7	23	22	3	4	15	13	36	-22	48
22 HARTLEPOOL UNITED	44	7	5	10	20	29	4	3	15	14	37	-32	41
23 CHELTENHAM TOWN	44	5	8	9	22	29	4	5	13	17	36	-26	40
24 TRANMERE ROVERS	44	5	7	10	26	33	4	5	13	17	30	-20	39

	Sky Bet League 2		Capital One Cup		FA Cup		JPT Cup		2014/15 Total	
	App (Sub)	GlS	App (Sub)	GlS	App (Sub)	GlS	App (Sub)	GlS	App (Sub)	GlS
Will Atkinson	25 (10)	2	0 (0)	0	1 (0)	0	1 (0)	0	27 (10)	2
Lee Barnard	2 (7)	1	0 (0)	0	1 (0)	0	0 (1)	0	3 (8)	1
Adam Barrett	8 (1)	0	0 (0)	0	0 (0)	0	0 (0)	0	8 (1)	0
Daniel Bentley	41 (0)	0	1 (0)	0	0 (0)	0	1 (0)	0	43 (0)	0
J Binnom-Williams	18 (3)	0	1 (0)	0	0 (0)	0	0 (0)	0	20 (3)	0
Cian Bolger	19 (2)	1	0 (0)	0	0 (0)	0	0 (0)	0	19 (2)	1
Jack Bridge	0 (0)	0	0 (0)	0	0 (0)	0	0 (0)	0	0 (0)	0
Ellis Brown	0 (0)	0	0 (0)	0	0 (0)	0	0 (0)	0	0 (0)	0
Jake Cassidy	11 (5)	0	0 (0)	0	0 (0)	0	0 (0)	0	11 (5)	0
Conor Clifford	10 (2)	2	0 (0)	0	0 (1)	0	0 (0)	0	10 (3)	2
Ben Coker	31 (0)	1	0 (0)	0	1 (0)	0	1 (0)	0	33 (0)	1
Barry Corr	29 (9)	14	1 (0)	1	0 (0)	0	0 (1)	0	31 (10)	15
Shaq Couthirst	12 (10)	4	0 (1)	0	1 (0)	0	1 (0)	0	14 (11)	4
Gary Deegan	17 (3)	0	1 (0)	0	0 (0)	0	1 (0)	0	19 (3)	0
Kevan Hurst	19 (8)	1	0 (1)	0	0 (1)	0	0 (0)	0	19 (10)	1
Mads Ibenfeldt	0 (1)	0	0 (0)	0	1 (0)	0	1 (0)	0	2 (1)	0
Isaac Layne	0 (0)	0	0 (0)	0	0 (0)	0	0 (0)	0	0 (0)	0
Ryan Leonard	38 (2)	3	1 (0)	0	1 (0)	1	0 (1)	0	40 (3)	4
Dan Matsuzaka	0 (0)	0	0 (0)	0	0 (0)	0	0 (0)	0	0 (0)	0
S McLaughlin	7 (0)	1	0 (0)	0	0 (0)	0	0 (0)	0	7 (0)	1
John O'Toole	2 (0)	0	0 (0)	0	0 (0)	0	0 (0)	0	2 (0)	0
Jack Payne	19 (13)	5	0 (1)	0	1 (0)	0	1 (0)	2	21 (14)	7
Luke Prosser	29 (0)	0	1 (0)	0	1 (0)	0	1 (0)	0	32 (0)	0
Joe Pigott	18 (2)	6	0 (0)	0	0 (0)	0	0 (0)	0	18 (2)	6
Ted Smith	4 (0)	0	0 (0)	0	0 (0)	0	0 (0)	0	4 (0)	0
Paul Smith	0 (0)	0	0 (0)	0	1 (0)	0	0 (0)	0	1 (0)	0
Jakub Sokolik	1 (0)	0	1 (0)	0	0 (0)	0	0 (0)	0	2 (0)	0
Adam Thompson	28 (1)	0	0 (0)	0	1 (0)	0	0 (0)	0	29 (1)	0
Michael Timlin	28 (3)	2	1 (0)	0	0 (0)	0	0 (0)	0	29 (3)	2
Myles Weston	17 (16)	2	1 (0)	0	0 (1)	0	1 (0)	0	19 (17)	2
John White	41 (1)	0	1 (0)	0	0 (0)	0	1 (0)	0	43 (1)	0
Jason Williams	0 (2)	0	0 (0)	0	0 (0)	0	0 (0)	0	0 (2)	0
David Worrall	21 (15)	6	1 (0)	0	1 (0)	0	1 (0)	0	24 (15)	6

By Scott Barber

# Away Day Review

## Exeter City

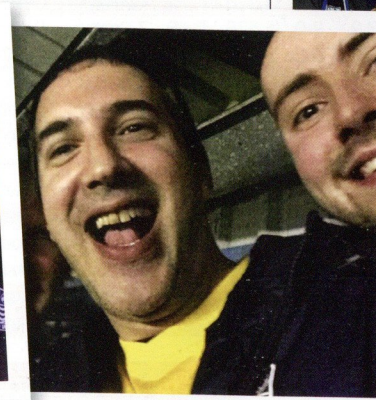
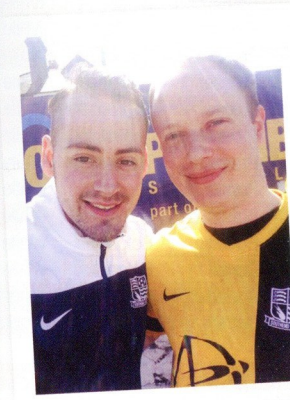
St James Park Monday, April 18



Firstly on the sunny afternoon in Exeter. It was a lovely journey down to the game, full of expectation, as we knew the fixtures ahead are crucial to defining our season. After a lovely couple of pints in the town centre we headed to the game looking to register another victory.

The opening half of the match was tough and the hosts were the better side. They dictated the play and dominated possession, however we came out fighting in the second half, and Mr Brown's substitutions worked wonders as Weston and Payne combined to set up Timlin for the late winner!

That victory set us up nicely for the midweek trip to Bury, we were looking to move level on points, with Wycombe in 3rd place...



Good afternoon and welcome to Roots Hall today for the game against Luton Town. The match today proves to be another huge game for Southend as we now find ourselves level on points with Wycombe after back-to-back away victories.

As I'm writing this report at 3:20am, having just got home from Bury, I am still full of excitement after the result.

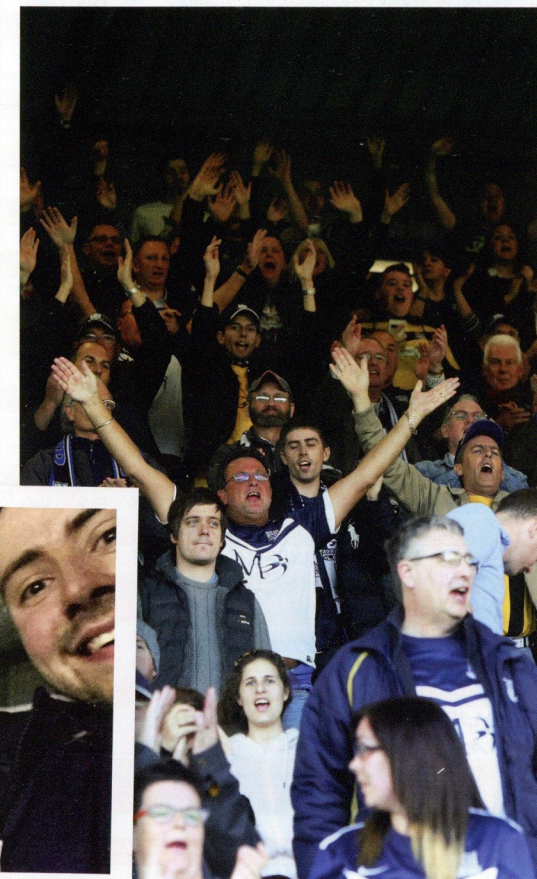
The character the team has shown in these past six or seven fixtures has been incredible and to have narrowed the gap to what it is now, is pretty extraordinary. Season Review - page 56

## Bury

Gigg Lane Tuesday, April 21

During the opening period, Bury were by far the better side, but they didn't really register any efforts on goal. Resilience from our back four, especially Adam Barrett and Cian Bolger, made sure we kept it at 0-0 going into the break.

The second half was much better from Southend and another managerial masterstroke from Phil Brown, as he tweaked personnel and position, helping us to our sixth straight victory (and seventh clean sheet in a row) as David Worrall curled home a beautiful free-kick to ensure all three points came back to Essex and that the chance of automatic promotion is well and truly alive for the Blues!







# fixtures & results 2014/15

FL2 FL1 FAC

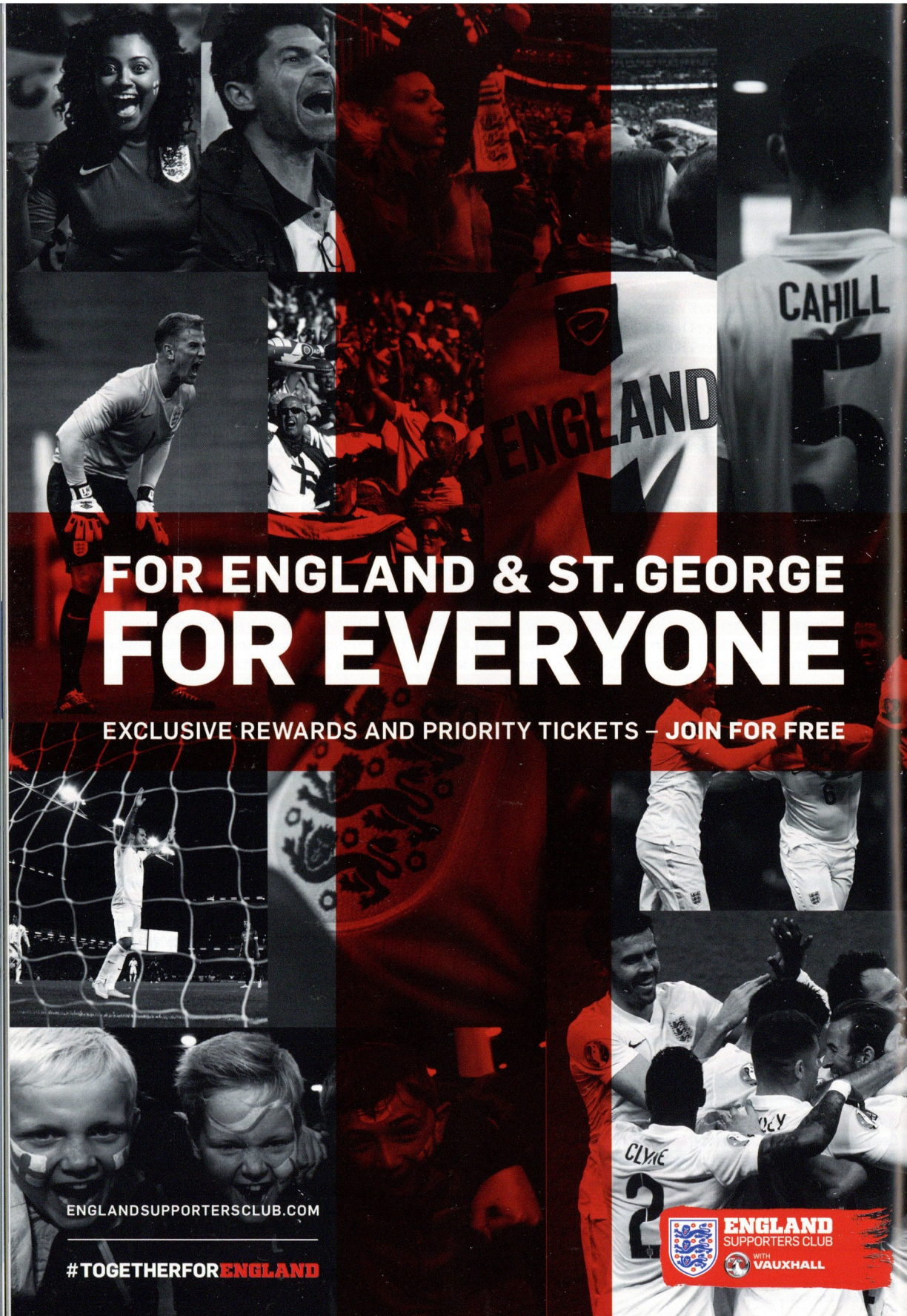
DATE	OPPONENTS	KO	V	C	F-A	ATT	P	STARTING XI
Sat 9.8.14	ACCRINGTON STANLEY	3pm	A	FL2	1-0	1,505 <sup>336</sup>	8	Bentley Coker Prosser Bolger White
Tue 12.8.14	WALSALL	7.45pm	H	FLC1	1-2	3,146 <sup>153</sup>	-	P Smith Prosser Ibenfeldt Thompson Coker
Sat 16.8.14	STEVENAGE	3pm	H	FL2	2-0	5,397 <sup>657</sup>	3	Bentley Coker Prosser Bolger White
Tue 19.8.14	AFC WIMBLEDON	7.45pm	H	FL2	0-1	5,364 <sup>542</sup>	8	Bentley Coker Prosser Bolger White
Sat 23.8.14	CARLISLE UNITED	3pm	A	FL2	1-1	3,847 <sup>269</sup>	8	Bentley Coker Prosser Bolger White
Sat 30.8.14	PLYMOUTH ARGYLE	3pm	A	FL2	0-2	6,247 <sup>258</sup>	14	Bentley Coker Prosser Bolger White
Tue 2.9.14	AFC WIMBLEDON	7.45pm	A	FLT1	2-2 <sup>24 pens</sup>	1,495 <sup>354</sup>	-	Bentley Coker Prosser Ibenfeldt White
Sat 6.9.14	OXFORD UNITED	3pm	H	FL2	1-1	5,315 <sup>424</sup>	14	Bentley Coker Prosser Thompson White
Sat 13.9.14	PORTSMOUTH	3pm	H	FL2	2-0	7,023	8	Bentley Binnom-Williams Prosser Thompson White
Tue 16.9.14	CHELTENHAM TOWN	7.45pm	A	FL2	1-0	2,303	7	Bentley Binnom-Williams Prosser Thompson White
Sat 20.9.14	YORK CITY	3pm	A	FL2	3-2	3,307	4	Bentley Binnom-Williams Prosser Thompson White
Sat 27.9.14	SHREWSBURY TOWN	3pm	H	FL2	1-0	6,951	4	Bentley Binnom-Williams Prosser Thompson White
Sat 4.10.14	MORECAMBE	3pm	H	FL2	0-1	5,284	4	Bentley Binnom-Williams Prosser Thompson White
Sat 11.10.14	LUTON TOWN	3pm	A	FL2	0-2	9,238	5	Bentley Binnom-Williams Bolger Thompson White
Sat 18.10.14	EXETER CITY	3pm	H	FL2	1-1	5,749	8	Bentley Binnom-Williams Prosser Thompson Leonard
Tue 21.10.14	NEWPORT COUNTY	7.45pm	A	FL2	0-1	2,558	10	Bentley Binnom-Williams Prosser Thompson White
Sat 25.10.14	BURY	3pm	H	FL2	1-1	5,174	9	Bentley Binnom-Williams Prosser Leonard White
Sat 1.11.14	MANSFIELD TOWN	3pm	A	FL2	2-1	2,719	7	Bentley Binnom-Williams Prosser Sokolik White
Sat 8.11.14	CHESTER	3pm	H	FA1	1-2	4,047	-	Bentley Binnom-Williams Prosser Sokolik White
Sat 15.11.14	HARTLEPOOL UNITED	3pm	H	FL2	1-0	5,436	7	Bentley Prosser Bolger Thompson White
Sat 22.11.14	TRANMERE ROVERS	3pm	A	FL2	2-1	4,621	5	Bentley Prosser Bolger Thompson White
Sat 29.11.14	NORTHAMPTON TOWN	3pm	H	FL2	2-0	5,500	5	Bentley Prosser Bolger Thompson White
Sat 13.12.14	WYCOMBE WANDERERS	3pm	A	FL2	1-4	4,123	8	Bentley Binnom-Williams Prosser Bolger Leonard
Fri 19.12.14	BURTON ALBION	7.45pm	H	FL2	0-0	5,266	6	Bentley Coker Prosser Bolger White
Fri 26.12.14	CAMBRIDGE UNITED	1pm	A	FL2	1-0	7,053	5	Bentley Coker Prosser Bolger White
Sun 28.12.14	DAGENHAM & RED'	3pm	H	FL2	0-0	6,966	6	Bentley Coker Prosser Bolger White
Sat 3.1.15	NORTHAMPTON TOWN	3pm	A	FL2	1-1	4,587	6	Bentley Coker Prosser Thompson White
Sat 10.1.15	PLYMOUTH ARGYLE	3pm	H	FL2	0-0	5,767	6	Bentley Coker Binnom-Williams Thompson White
Sat 17.1.15	OXFORD UNITED	3pm	A	FL2	3-2	7,207	6	Bentley Coker Binnom-Williams Thompson White
Sat 24.1.15	PORTSMOUTH	3pm	A	FL2	2-1	15,573	5	Bentley Coker Binnom-Williams Thompson White
Sat 31.1.15	YORK CITY	3pm	H	FL2	1-0	6,126	5	Bentley Coker Binnom-Williams Thompson White
Sat 7.2.15	SHREWSBURY TOWN	3pm	A	FL2	1-1	5,276	5	Bentley Coker Binnom-Williams Thompson White
Tue 10.2.15	CHELTENHAM TOWN	7.45pm	H	FL2	2-0	5,013	4	Bentley Coker Binnom-Williams Thompson White
Sat 14.2.15	ACCRINGTON STANLEY	3pm	H	FL2	1-2	5,241	5	T Smith Coker Binnom-Williams Thompson White
Sat 21.2.15	STEVENAGE	3pm	A	FL2	2-4	3,918	5	Bentley Coker Barrett Bolger White
Sat 28.2.15	CARLISLE UNITED	3pm	H	FL2	2-0	5,576	5	T Smith Coker Prosser Thompson White
Tue 3.3.15	AFC WIMBLEDON	7.45pm	A	FL2	0-0	3,658	6	T Smith Coker Prosser Thompson White
Sat 7.3.15	WYCOMBE WANDERERS	3pm	H	FL2	2-2	6,204	4	T Smith Coker Prosser Thompson White
Sat 14.3.15	DAGENHAM & RED'	3pm	A	FL2	3-1	3,393	4	Bentley Coker Prosser Thompson White
Wed 18.3.15	BURTON ALBION	7.45pm	A	FL2	1-2	2,669	5	Bentley Coker Prosser Thompson White
Sat 21.3.15	CAMBRIDGE UNITED	3pm	H	FL2	0-0	7,224	5	Bentley Coker Prosser Thompson White
Fri 3.4.15	MANSFIELD TOWN	3pm	H	FL2	2-0	5,925	5	Bentley Coker Barrett Thompson White
Mon 6.4.15	HARTLEPOOL UNITED	3pm	A	FL2	1-0	5,393	5	Bentley Coker Barrett Bolger White
Sat 11.4.15	TRANMERE ROVERS	3pm	H	FL2	1-0	5,846	5	Bentley Coker Barrett Bolger White
Tue 14.4.15	NEWPORT COUNTY	7.45pm	H	FL2	2-0	5,480	5	Bentley Coker Barrett Bolger White
Sat 18.4.15	EXETER CITY	3pm	A	FL2	1-0	4,039	5	Bentley Coker Barrett Bolger Leonard
Tue 21.4.15	BURY	7.45pm	A	FL2	1-0	8,396	4	Bentley Coker Barrett Bolger Leonard
Sat 25.4.15	LUTON TOWN	3pm	H	FL2				
Sat 2.5.15	MORECAMBE	3pm	A	FL2				



Table on page 62

DATE	OPPONENTS	KO	V	C	F-A	ATT	P	STARTING XI	SUBSTITUTES
Sat 9.8.14	ACCRINGTON STANLEY	3pm	A	FL2	1-0	1,505 <sup>336</sup>	8	Bentley Coker Prosser Bolger White	Coulthirst Leonard Clifford Hurst Weston Corr Worrall <sup>65</sup> Barnard <sup>72</sup> Atkinson <sup>88</sup> Not used: P Smith, Payne, Thompson, Ibenfeldt
Tue 12.8.14	WALSALL	7.45pm	H	FLC1	1-2	3,146 <sup>153</sup>	-	P Smith Prosser Ibenfeldt Thompson Coker	Atkinson Leonard Payne Worrall Barnard Coulthirst Clifford <sup>30</sup> Weston <sup>64</sup> Hurst <sup>81</sup> Not used: Bentley, White, Corr, Bolger
Sat 16.8.14	STEVENAGE	3pm	H	FL2	2-0	5,397 <sup>657</sup>	3	Bentley Coker Prosser Bolger White	Coulthirst Leonard Clifford Hurst Weston Corr Worrall <sup>74</sup> Barnard <sup>81</sup> Not used: P Smith, Ibenfeldt, Thompson, Payne, Layne
Tue 19.8.14	AFC WIMBLEDON	7.45pm	H	FL2	0-1	5,364 <sup>542</sup>	8	Bentley Coker Prosser Bolger White	Coulthirst Leonard Clifford Hurst Weston Corr Barnard <sup>63</sup> Worrall <sup>63</sup> Payne <sup>82</sup> Not used: P Smith, Ibenfeldt, Thompson, Brown
Sat 23.8.14	CARLISLE UNITED	3pm	A	FL2	1-1	3,847 <sup>269</sup>	8	Bentley Coker Prosser Bolger White	Coulthirst Leonard Clifford Hurst Weston Corr Worrall <sup>64</sup> Atkinson <sup>64</sup> Barnard <sup>76</sup> Not used: P Smith, Ibenfeldt, Thompson, Payne
Sat 30.8.14	PLYMOUTH ARGYLE	3pm	A	FL2	0-2	6,247 <sup>258</sup>	14	Bentley Coker Prosser Bolger White	Thompson <sup>16</sup> Coulthirst <sup>64</sup> Worrall <sup>77</sup> Not used: P Smith, Deegan, Barnard, Payne
Tue 2.9.14	AFC WIMBLEDON	7.45pm	A	FLT1	2-2 <sup>24 pens</sup>	1,495 <sup>354</sup>	-	Bentley Coker Prosser Ibenfeldt White	Leonard <sup>81</sup> Barnard <sup>84</sup> Corr <sup>89</sup> Not used: T Smith, Hurst
Sat 6.9.14	OXFORD UNITED	3pm	H	FL2	1-1	5,315 <sup>424</sup>	14	Bentley Coker Prosser Thompson White	Atkinson Leonard Clifford Payne <sup>1</sup> Weston Coulthirst Worrall <sup>61</sup> Corr <sup>69</sup> Hurst <sup>74</sup> Not used: P Smith, Deegan, Ibenfeldt, Barnard
Sat 13.9.14	PORTSMOUTH	3pm	H	FL2	2-0	7,023	8	Bentley Binnom-Williams Prosser Thompson White	Payne Leonard Deegan Hurst Weston Corr Worrall <sup>73</sup> Atkinson <sup>79</sup> Coulthirst <sup>87</sup> Not used: P Smith, Clifford, Barnard, Ibenfeldt
Tue 16.9.14	CHELTENHAM TOWN	7.45pm	A	FL2	1-0	2,303	7	Bentley Binnom-Williams Prosser Thompson White	Coulthirst Leonard Deegan Hurst Payne Weston Clifford <sup>35</sup> Barnard <sup>76</sup> Atkinson <sup>84</sup> Not used: P Smith, Williams, Worrall, Ibenfeldt
Sat 20.9.14	YORK CITY	3pm	A	FL2	3-2	3,307	4	Bentley Binnom-Williams Prosser Thompson White	Worrall <sup>65</sup> Atkinson <sup>76</sup> Ibenfeldt <sup>86</sup> Not used: P Smith, Williams, Barnard, Corr
Sat 27.9.14	SHREWSBURY TOWN	3pm	H	FL2	1-0	6,951	4	Bentley Binnom-Williams Prosser Thompson White	Atkinson <sup>83</sup> Corr <sup>74</sup> Bolger <sup>89</sup> Not used: P Smith, Barnard, Bridge, Ibenfeldt
Sat 4.10.14	MORECAMBE	3pm	H	FL2	0-1	5,284	4	Bentley Binnom-Williams Prosser Thompson White	Coulthirst Deegan Clifford Hurst Payne Weston Barnard <sup>61</sup> Atkinson <sup>61</sup> Worrall <sup>69</sup> Not used: P Smith, Bolger, Williams, Ibenfeldt
Sat 11.10.14	LUTON TOWN	3pm	A	FL2	0-2	9,238	5	Bentley Binnom-Williams Bolger Thompson White	Coulthirst Deegan Clifford Atkinson Hurst Weston Leonard <sup>44</sup> Payne <sup>45</sup> Corr <sup>45</sup> Not used: P Smith, Barnard, Worrall, Timlin
Sat 18.10.14	EXETER CITY	3pm	H	FL2	1-1	5,749	8	Bentley Binnom-Williams Prosser Thompson Leonard	Worrall <sup>1</sup> Deegan Atkinson Timlin Payne Barnard Weston <sup>78</sup> Corr <sup>82</sup> Hurst <sup>89</sup> Not used: P Smith, Coulthirst, Clifford, Bolger
Tue 21.10.14	NEWPORT COUNTY	7.45pm	A	FL2	0-1	2,558	10	Bentley Binnom-Williams Prosser Thompson White	Leonard Deegan Atkinson Timlin Weston Corr Barnard <sup>66</sup> Payne <sup>82</sup> Coulthirst <sup>81</sup> Not used: P Smith, Clifford, Hurst, Bolger
Sat 25.10.14	BURY	3pm	H	FL2	1-1	5,174	9	Bentley Binnom-Williams Prosser Leonard White	Worrall Deegan Atkinson Timlin Corr Barnard Weston <sup>66</sup> Payne <sup>83</sup> Not used: P Smith, Coulthirst, Hurst, Bolger, Thompson
Sat 1.11.14	MANSFIELD TOWN	3pm	A	FL2	2-1	2,719	7	Bentley Binnom-Williams Prosser Sokolik White	Coulthirst <sup>84</sup> Not used: P Smith, Thompson, Payne, Bolger, Hurst, Atkinson
Sat 8.11.14	CHESTER	3pm	H	FA1	1-2	4,047	-	Bentley Binnom-Williams Prosser Sokolik White	Worrall Deegan Leonard Timlin Corr Weston Coulthirst <sup>60</sup> Hurst <sup>60</sup> Payne <sup>71</sup> Not used: T Smith, Bolger, Clifford, Atkinson
Sat 15.11.14	HARTLEPOOL UNITED	3pm	H	FL2	1-0	5,436	7	Bentley Prosser Bolger Thompson White	Worrall Leonard Timlin Hurst Corr Payne Not used: P Smith, Coulthirst, Layne, Matsuzaka, Atkinson, Deegan, Clifford
Sat 22.11.14	TRANMERE ROVERS	3pm	A	FL2	2-1	4,621	5	Bentley Prosser Bolger Thompson White	Worrall Leonard Timlin Hurst Corr Payne Clifford <sup>46</sup> Binnom-Williams <sup>80</sup> Not used: Smith, Weston, Coulthirst, Atkinson, Sokolik
Sat 29.11.14	NORTHAMPTON TOWN	3pm	H	FL2	2-0	5,500	5	Bentley Prosser Bolger Thompson White	Worrall Weston Timlin O'Toole Corr Payne Atkinson <sup>63</sup> Coulthirst <sup>64</sup> Deegan <sup>89</sup> Not used: Smith, Sokolik, Binnom-Williams, Clifford
Sat 13.12.14	WYCOMBE WANDERERS	3pm	A	FL2	1-4	4,123	8	Bentley Binnom-Williams Prosser Bolger Leonard	Hurst <sup>45</sup> Deegan <sup>45</sup> White <sup>68</sup> Not used: Smith, Coulthirst, Atkinson, Clifford
Fri 19.12.14	BURTON ALBION	7.45pm	H	FL2	0-0	5,266	6	Bentley Coker Prosser Bolger White	Weston <sup>82</sup> Not used: P Smith, Deegan, Coulthirst, Timlin, Thompson, O'Toole
Fri 26.12.14	CAMBRIDGE UNITED	1pm	A	FL2	1-0	7,053	5	Bentley Coker Prosser Bolger White	Weston <sup>76</sup> Timlin <sup>79</sup> Coulthirst <sup>85</sup> Not used: P Smith, Williams, Matsuzaka, Clifford
Sun 28.12.14	DAGENHAM & RED'	3pm	H	FL2	0-0	6,966	6	Bentley Coker Prosser Bolger White	Coulthirst <sup>40</sup> Timlin <sup>72</sup> Williams <sup>86</sup> Not used: P Smith, Matsuzaka, Clifford, Bridge
Sat 3.1.15	NORTHAMPTON TOWN	3pm	A	FL2	1-1	4,587	6	Bentley Coker Prosser Thompson White	Worrall <sup>74</sup> Williams <sup>85</sup> Not used: Smith, Clifford, Bridge, Deegan, Binnom-Williams
Sat 10.1.15	PLYMOUTH ARGYLE	3pm	H	FL2	0-0	5,767	6	Bentley Coker Binnom-Williams Thompson White	Weston <sup>70</sup> Atkinson <sup>86</sup> Not used: Williams, P Smith, Timlin, Clifford, Matsuzaka
Sat 17.1.15	OXFORD UNITED	3pm	A	FL2	3-2	7,207	6	Bentley Coker Binnom-Williams Thompson White	Leonard Deegan Atkinson Worrall Pigott Cassidy Timlin <sup>61</sup> Corr <sup>61</sup> Payne <sup>76</sup> Not used: P Smith, Weston, Prosser, Coulthirst
Sat 24.1.15	PORTSMOUTH	3pm	A	FL2	2-1	15,573	5	Bentley Coker Binnom-Williams Thompson White	Corr <sup>69</sup> Weston <sup>81</sup> Payne <sup>86</sup> Not used: P Smith, Coulthirst, Prosser, Hurst
Sat 31.1.15	YORK CITY	3pm	H	FL2	1-0	6,126	5	Bentley Coker Binnom-Williams Thompson White	Leonard Timlin Atkinson Worrall Pigott Cassidy Weston <sup>58</sup> Hurst <sup>62</sup> Coulthirst <sup>71</sup> Not used: P Smith, Prosser, Deegan, Payne
Sat 7.2.15	SHREWSBURY TOWN	3pm	A	FL2	1-1	5,276	5	Bentley Coker Binnom-Williams Thompson White	Leonard Timlin Atkinson Payne Pigott Cassidy Coulthirst <sup>68</sup> Corr <sup>75</sup> Weston <sup>83</sup> Not used: P Smith, Prosser, Deegan, Barrett
Tue 10.2.15	CHELTENHAM TOWN	7.45pm	H	FL2	2-0	5,013	4	Bentley Coker Binnom-Williams Thompson White	Leonard Timlin Atkinson Payne Pigott Cassidy Barrett <sup>67</sup> Weston <sup>68</sup> Hurst <sup>77</sup> Not used: P Smith, Deegan, Corr, Coulthirst
Sat 14.2.15	ACCRINGTON STANLEY	3pm	H	FL2	1-2	5,241	5	T Smith Coker Binnom-Williams Thompson White	Leonard Timlin Atkinson Payne Pigott Cassidy Worrall <sup>55</sup> Corr <sup>63</sup> Hurst <sup>73</sup> Not used: P Smith, Deegan, Coulthirst, Prosser
Sat 21.2.15	STEVENAGE	3pm	A	FL2	2-4	3,918	5	Bentley Coker Barrett Bolger White	Leonard Timlin Deegan Worrall Pigott Corr Hurst <sup>77</sup> Cassidy <sup>78</sup> Coulthirst <sup>87</sup> Not used: P Smith, Payne, Atkinson, Bin-Williams
Sat 28.2.15	CARLISLE UNITED	3pm	H	FL2	2-0	5,576	5	T Smith Coker Prosser Thompson White	Payne <sup>79</sup> Hurst <sup>88</sup> Not used: Binnom-Williams Barrett Coulthirst Deegan Weston
Tue 3.3.15	AFC WIMBLEDON	7.45pm	A	FL2	0-0	3,658	6	T Smith Coker Prosser Thompson White	Leonard Timlin Atkinson Worrall Pigott Corr Payne <sup>79</sup> Cassidy <sup>78</sup> Not used: Binnom-Williams Bentley Hurst Deegan Weston
Sat 7.3.15	WYCOMBE WANDERERS	3pm	H	FL2	2-2	6,204	4	T Smith Coker Prosser Thompson White	Leonard Timlin Hurst Worrall Pigott Corr Weston <sup>68</sup> Payne <sup>87</sup> Not used: Binnom-Williams Cassidy Deegan Bentley Barrett
Sat 14.3.15	DAGENHAM & RED'	3pm	A	FL2	3-1	3,393	4	Bentley Coker Prosser Thompson White	Leonard Timlin Hurst Worrall Pigott Corr Weston <sup>81</sup> Deegan <sup>83</sup> Cassidy <sup>89</sup> T Smith Payne Binnom-Williams Atkinson
Wed 18.3.15	BURTON ALBION	7.45pm	A	FL2	1-2	2,669	5	Bentley Coker Prosser Thompson White	Leonard Timlin Hurst Worrall Pigott Corr Payne <sup>61</sup> Weston <sup>67</sup> Cassidy <sup>85</sup> T Smith Payne Binnom-Williams Atkinson Deegan
Sat 21.3.15	CAMBRIDGE UNITED	3pm	H	FL2	0-0	7,224	5	Bentley Coker Prosser Thompson White	Leonard Timlin Hurst Worrall Pigott Corr Atkinson <sup>81</sup> Payne <sup>60</sup> Binnom-Williams <sup>73</sup> T Smith Deegan Cassidy Weston
Fri 3.4.15	MANSFIELD TOWN	3pm	H	FL2	2-0	5,925	5	Bentley Coker Barrett Thompson White	Bolger <sup>11</sup> Cassidy <sup>87</sup> Weston <sup>87</sup> Not used: T Smith Payne Binnom-Williams Deegan
Mon 6.4.15	HARTLEPOOL UNITED	3pm	A	FL2	1-0	5,393	5	Bentley Coker Barrett Bolger White	Leonard Timlin Atkinson McLaughlin Cassidy Corr Worrall <sup>68</sup> Pigott <sup>68</sup> Weston <sup>73</sup> Not used: T Smith Payne Binnom-Williams Deegan
Sat 11.4.15	TRANMERE ROVERS	3pm	H	FL2	1-0	5,846	5	Bentley Coker Barrett Bolger White	Deegan Timlin Atkinson McLaughlin Cassidy Corr Pigott <sup>69</sup> Worrall <sup>72</sup> Not used: T Smith Payne Binnom-Williams Weston Hurst
Tue 14.4.15	NEWPORT COUNTY	7.45pm	H	FL2	2-0	5,480	5	Bentley Coker Barrett Bolger White	Deegan Timlin Atkinson McLaughlin Cassidy Pigott Leonard <sup>73</sup> Worrall <sup>73</sup> Binnom-Williams <sup>79</sup> Not used: T Smith Payne Hurst Corr
Sat 18.4.15	EXETER CITY	3pm	A	FL2	1-0	4,039	5	Bentley Coker Barrett Bolger Leonard	Deegan Timlin Atkinson McLaughlin Cassidy Pigott Payne <sup>63</sup> Corr <sup>63</sup> Weston <sup>75</sup> Not used: T Smith Binnom-Williams Hurst Worrall
Tue 21.4.15	BURY	7.45pm	A	FL2	1-0	8,396	4	Bentley Coker Barrett Bolger Leonard	Deegan Timlin Atkinson McLaughlin Cassidy Corr Worrall <sup>55</sup> Payne <sup>55</sup> Weston <sup>79</sup> Not used: T Smith Binnom-Williams Hurst Pigott





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# Southend United

Manager: Phil **BROWN**

	P	G
1 Daniel <b>BENTLEY</b> (GK)	○	○
2 John <b>WHITE</b> ©	○	○
3 Ben <b>COKER</b>	○	○
4 Mads <b>IBENFELDT</b>	○	○
5 Adam <b>THOMPSON</b>	○	○
6 Luke <b>PROSSER</b>	○	○
7 David <b>WORRALL</b>	○	○
8 Michael <b>TIMLIN</b>	○	○
9 Lee <b>BARNARD</b>	○	○
10 Barry <b>CORR</b>	○	○
11 Myles <b>WESTON</b>	○	○
12 Will <b>ATKINSON</b>	○	○
13 Ted <b>SMITH</b> (GK)	○	○
14 Kevan <b>HURST</b>	○	○
15 Cian <b>BOLGER</b>	○	○
18 Ryan <b>LEONARD</b>	○	○
19 Jack <b>PAYNE</b>	○	○
21 Paul <b>SMITH</b> (GK)	○	○
22 Gary <b>DEEGAN</b>	○	○
23 Jerome <b>BINNOM-WILLIAMS</b>	○	○
24 Jake <b>CASSIDY</b>	○	○
25 Stephen <b>McLAUGHLIN</b>	○	○
26 Adam <b>BARRETT</b>	○	○
27 Josh <b>BANTON</b>	○	○
29 Ellis <b>BROWN</b>	○	○
30 Jack <b>BRIDGE</b>	○	○
32 Joe <b>PIGOTT</b>	○	○







# Luton Town

Manager: John **STILL**

	P	G
1 Mark <b>TYLER</b> (GK)	○	○
2 Fraser <b>FRANKS</b>	○	○
3 Danny <b>FITZSIMONS</b>	○	○
4 Jonathan <b>SMITH</b>	○	○
5 Stephen <b>MCNULTY</b> ©	○	○
6 Alex <b>LACEY</b>	○	○
7 Alex <b>LAWLESS</b>	○	○
8 Andy <b>DRURY</b>	○	○
9 Paul <b>BENSON</b>	○	○
10 Alex <b>WALL</b>	○	○
11 Jake <b>HOWELLS</b>	○	○
12 Scott <b>GRIFFITHS</b>	○	○
13 Mark <b>CULLEN</b>	○	○
14 Andy <b>PARRY</b>	○	○
16 Elliot <b>JUSTHAM</b> (GK)	○	○
17 Pelly <b>RUDDOCK MPANZU</b>	○	○
18 Ross <b>LAFAYETTE</b>	○	○
19 Ricky <b>MILLER</b>	○	○
20 Shaun <b>WHALLEY</b>	○	○
21 Luke <b>GUTTRIDGE</b>	○	○
22 Michael <b>HARRIMAN</b>	○	○
23 Matthew <b>ROBINSON</b>	○	○
24 Curtley <b>WILLIAMS</b>	○	○
26 Nathan <b>DOYLE</b>	○	○
27 Ryan <b>HALL</b>	○	○
28 Jim <b>STEVENSON</b>	○	○
30 Luke <b>WILKINSON</b>	○	○
31 Nathan <b>ODUWA</b>	○	○
32 Brett <b>LONGDEN</b>	○	○
33 Mark <b>ONYEMAH</b>	○	○
35 Charlie <b>WALKER</b>	○	○
38 Elliot <b>LEE</b>	○	○
39 Ian <b>REES</b>	○	○

## match officials

-  Referee  
Iain Williamson
-  Assistant referee  
Nick Hobbs
-  Assistant referee  
Wayne Porter
-  Fourth official  
Ashvin Degnarain

## today's fixtures

- 3pm kick offs
- Burton Albion v Northampton
  - Bury v AFC Wimbledon
  - Cheltenham T v Shrewsbury Town
  - Dagenham & Red' v Accrington S
  - Hartlepool United v Exeter City
  - Mansfield Town v Portsmouth
  - Oxford United v Cambridge United
  - Plymouth Argyle v Tranmere Rovers
  - Southend United v Luton Town
  - Stevenage v Carlisle United
  - Wycombe W v Morecambe
  - York City v Newport County

